



Newslink

SOUTH WEST CUMBRIA UNITED AREA

Charity Registration Number 1141404

Methodist and United Reformed Churches Working Together



REMEMBRANCE



November is a month where Remember or Remembrance has a big part to play. To

ISSUE 146 Nov 2019

remember things is to recall something that happened before the moment you find yourself in now. We often recall happy memories when we are with our families and friends. In our conversations we can recall events of the past. When we share stories of the bad times some will say to us - just move on and forget!! I have often pondered on these words and I personally have never really found them to be very helpful. However, I do find that being a car driver brings a better analogy to help us to understand the importance of looking back. Let me explain.

To those of us who drive, we will know that we have a very large front screen so we can experience a really good view of the things that are in front of us and those things slightly to the side also. In the middle of this screen at the top we have a rear-view mirror. This helps us to keep an eye on what's happening behind us. Very useful, especially when we want to overtake or change lanes on the

Area Website www.swcumbriaunitedareaurc.org.uk

motorway. The reason the front screen is so much larger than the rear-view mirror is because, whilst we need to focus on where we are going, it is also important to look out of the rear-view mirror to see what's happening behind us. This translated means that for all of us looking to the future is really good; however, we should not forget what's behind us because some things in our past will help us negotiate the future better. A very good example of this is Remembrance or Armistice day. If we didn't recall and retell all the stories and tell of the sacrifices others have made for us and the importance of that, then we would risk losing the message of hope and gratitude that came with those sacrifices. We often hear the words "for your tomorrow we gave our today". If these words and many like them recorded through history were to be forgotten rather than reflected on then I'm not too sure I really want to have such a big view of what the future looks like!! If we don't tell our children and grandchildren about Auschwitz, and other such horrors of humanity, if we don't encourage them to read Anne Frank's diary or other such writings then how can we learn from these things and thus make sure it doesn't happen again?

Jesus often tells us to recall the things he did, to explore and look back through the history of the Bible so that we can make the world a better place for everyone. We can only be a good Christian disciple if we read the Bible and allow the Holy Spirit to guide us. Others will only know of the sacrifice Jesus made if we tell them.

November is indeed a time to remind us of the pain and suffering of war. Let us look back and learn from history so that the future of the world can be brighter for all humankind. Let us retell the story of Jesus' love not only through our words but more importantly through our actions.

Deacon Debbie

REGIONAL & NATIONAL WEBSITES

www.cumbriamethodistsdistrict.org.uk

Connexional: www.methodist.org.uk

North West Synod: www.nwsynod.org.uk

National: www.urc.org.uk

Dec/Jan issue No 147 of *Newslink* will be published at the end of November
Please send all material to reach Lilian Wood, 89 Risedale Road, Barrow,
LA13 9QY by Sunday November 3rd. Items can also be passed on by

 **01229 825986** or  lilian.wood4@gmail.com

Chapter and verse

The latest in our series where people share Bible verses that are particularly meaningful to them.

When I was asked for my contribution, I wondered how to choose a passage that encapsulated my faith when I had the whole Bible to choose from! I decided as a good Methodist to follow John Wesley's method of coming to a conclusion and opening the Bible at random places. I am not sure that he actually did do this, it's something I have heard he did, so I tried it. After finding the first few attempts all seemed to predict doom and gloom and were all pessimistic, I tried again, hoping to avoid my Bible falling open in the prophets (especially gloomy Jeremiah!) As I was using my REB with Apocrypha, the next time I opened the Bible it fell on Ecclesiasticus 6. Here in the first seventeen verses the writer gives advice about friendship. I have found in my life that good friends are worth their weight in gold and so these verses meant a great deal to me. The sentiment is echoed in Proverbs 17:17 and 22:24-25. We should never forget, however, that our earthly friends may desert us but we always have one Friend who will never leave us - Matthew 28:20 reads "I will be with you always, to the end of time."

Alan Mason

If anyone would like to contribute to this section of Newslink please contact Lilian by email lilian.wood4@gmail.com or phone 825986.

Youth spot

The ecumenical Messy Church on Walney continues to meet regularly on the third Sunday of most months (with exceptions around Christmas and Easter, and in August). The regular attendees have changed over the years as some of the first children grew up, but numbers remain strong overall - just very variable! For the July meeting this year we tried a beach party, meeting at Biggar Bank rather than St Mary's church as usual and hoping to have some fun and games on the beach followed by a lovely picnic in the sun. Sadly it was a cool, damp and breezy day and the tide was fully in so there wasn't much beach.....better luck next time, and the few hardy souls who did turn up seemed to have a good time running around on their scavenger hunt. September's meeting was also a little unusual, with a double-booking of the parish centre - where we usually have all the craft activities - leading to the whole thing taking place in the church, which usually only hosts the worship section. Tables were set up in the aisles and vestry and the children seemed unfazed, some of them finding the time in the hour of activities to put together an impressively complete 'Armour of God' which was the theme of the session. Cardboard helmets, cloth belts, decorated paper swords and breastplates made out of binbags all looked very effective. Most of the children kept their armour on as they got stuck into the action songs and Julie, the vicar's wife, helped them reflect on the theme. We should be back in the parish centre next time, and maybe we will brave the beach again next summer!

Karen Edmondson

Cumbria Methodist District Synod

Synod met at Beacon Hill on 14th September - a first for the church and a first Synod for our new District Chair, Rev Dr James Tebbutt. James preached at the opening worship, sharing with us a little of his story and urging us all to be open to whatever God is seeking to say to us through one another. To help James get 'a feel' for what's happening in the circuits, we were then asked to spend ten minutes in circuit groups before reporting back very briefly on what we felt at the present moment to be:

- a joy or a blessing?
- a worry or challenge?
- a hope or aspiration?

Whilst different groups identified a variety of joys and aspirations, the worries were remarkably similar - ageing congregations, difficulties in filling roles, finance and buildings!

We heard about the experience of three of our young people who attended a youth conference in Argentina and were updated on the remarkable work being undertaken by the Agricultural chaplaincy team in Cumbria. We received a report from the Ecumenical officer and from the Learning Network. We also watched a short video clip about Methodist Conference which led into the other major agenda item - the process which will be followed to ensure widespread discussion and feedback on the Marriage & Relationships report 'God in love unites us', commended to us by Conference for consideration before Conference 2020 decides whether its recommendations should be adopted. We also watched a video about the experience of the group of 8 who were tasked with producing the report, highlighting how deep friendships were formed between them as they undertook the work, despite them coming to the group with very different views. There will be forums organised locally for those discussions to take place, which will all have external facilitators, and it's hoped that as many people as possible will participate. It's also hoped that those discussions will take place with the same degree of deep listening, grace and love demonstrated in the debate on the floor of Conference. Watch this space for further details! After a number of business items were dealt with, Synod closed with a prayer and a hymn, exactly on time, and most people stayed to enjoy a cuppa and some delicious cake.

My personal thanks go to Kathryn Aldred and the team who did a wonderful job to make sure everything ran smoothly. I think we made a good impression on our new Chair!

Jennet McLeod

First Tuesday Ladies

We will meet on Tuesday 5th November at 7:30 pm at 59 Croslands Park to watch the final part of a film about Mary Magdalene.

Elaine Pears

It's that time of year again for Cumbria's Christmas Shoebox Campaign "Boxes of Hope" 2019

The campaign runs from November 1st - 12th

Filling a shoebox is a simple and fun thing to do, it doesn't have to cost a lot of money, and it really does make a difference to a child who has none of the basics we take for granted.

If you would like to get involved with this year's Christmas Shoebox Appeal by filling a shoebox of gifts then here below are some tips of how to do it:

Find a medium-sized, empty shoebox (PLEASE NO BOOT BOXES), and cover the lid and box separately with any bright wrapping paper.

- Decide whether you want to make a box for a boy or a girl.
- An ideal box will contain: soap and facecloth, toothbrush and paste, hairbrush or comb, hat, scarf, gloves, socks, educational supplies such as paper, pens, pencils, colouring pencils, ruler, rubber and pencil sharpener, and then some sturdy toys such as ball, doll, toy car, dominoes, skipping rope, yo-yo. Add some treats - sparkly hair accessories or bracelet/necklace for a girl, football stickers for a boy, and some sweets - best before date at least until the end of March 2020. And a cuddly toy will go down well with all ages. A plastic mug will be useful. You may like to add a photo or a greetings card to make the box gift more personal.
- And please add a donation of at least £2, in an envelope on top of the items inside your box. Your shoebox cannot be taken overseas unless we can pay for the transport.
- Tape a Boy or Girl label onto the outside of the lid, securing the box with a stout elastic band.

As always I will be collecting shoeboxes between 1st and 12th November 2019 so if you would like me to collect your shoebox/shoeboxes I am more than happy to do so.

Alternatively you can drop them off at my house. Many Thanks.

Pam Mills (Tel: 01229 825028 or 07752455093)

26 Thorncliffe Road, Barrow-in-Furness, Cumbria LA14 5PZ

Exhibition - Dissent and Nonconformity in Furness

The starting point for this exhibition was the celebration of the 350th anniversary of Tottlebank Baptist Church, which was established in 1669. The exhibition looks at the Baptist, Methodist, Salvation Army, Congregational, Quaker, Church of Christ and Presbyterian chapels in Barrow and Furness built since then. It can be seen at the entrance to the Archive and Local Studies Centre in Barrow Library, Ramsden Square until the end of November.

Christian Aid project

Thank you to Dalton and Ramsden Street, who both gave their Harvest offerings to the project to help children in Kenya affected by HIV and AIDS - many thanks. Our total is now £3869.75.

Lilian Wood

The third extract from a report giving details of the work done on this project for the year ending May 2019.

Objective 2: Improved children's economic sustainability, caregiving and protection/safety

Strengthened economic status of families and caregivers

The project supported 278 parents and caregivers with start-up kits in agricultural initiatives, benefitting 767 children and bringing the total reached to **956** children.

Additionally, the project supported 307 parents and caregivers of **869** children with small business start-up kits, such as second hand clothing and stock for a salon, with a total of **1,240** children positively affected by the initiative.

2,141 parents and caregivers of **5,431** children were trained on various livelihood options such as detergent making, green energy initiatives, and how to start a business. They were also trained on financial literacy, business plan development and record keeping.

Objective 3: Strengthened, inclusive and accountable protection systems for vulnerable children

11 community dialogue meetings were held to discuss child rights, health, education needs for children, child abuse, early marriages, FGM, drug abuse and other issues which affect children.

97 forums were held with parents and caregivers in which we received feedback on the effectiveness of services and designed solutions to address the gaps identified, helping to improve our services for the future.

Additionally, the project served **691** children living with disabilities. 428 children were assessed for disability, 81 were referred for other services and 20 are in the process of being registered with the National Council for Persons with Disabilities (NCPWD). 2 children received mobility aids while 2 more received assistive devices from NCPWD. 54 disabled children living with HIV were followed up monthly to ensure that they were adhering to treatment, 74 disabled children were referred for disability treatment and treatment for illnesses, while 21 who received vitamin A supplements were supported with supplementary food.

All in a Good Cause

A further article in our series highlighting the charities and causes supported by churches and individuals throughout the Area.

The Bible Society

Known originally as the British and Foreign Bible Society, this ecumenical organisation was founded in 1804 by a group of Christians (including William Wilberforce) associated with the Religious Tract Society.

Over the last 200 years, The Bible Society has been translating and providing Bibles in many languages throughout the world. There are still many thousands of people in the world who cannot read and therefore the Society is now providing talking Bibles.

We are a small committee based in Dalton with members from St Mary's Anglican Church and Dalton Community Church. As well as fundraising we try to promote the Bible Society whenever possible. Last year, for example, we had a stall at Dalton Carnival where we encouraged the children to work on Bible-based crafts. The Bible Society provides an outreach called Open the Book and some of our members go into schools in Dalton and Ulverston to run school assemblies. Our fundraising events include coffee mornings in Dalton and Ulverston as well as an annual Advent Carol Praise which this year will be on Sunday afternoon 1st December at Market Street Church - all welcome. Our Bible Society group also has a tree every year at the Annual Tree Festival at St Mary's Church. Over the last few years our small group has raised over £1,000 each year.

Brenda Thompson

Area Bonfire



There will again be a United Area Bonfire Party at Vickerstown Church, on Tuesday November 5th from 6 p.m. with bonfire, fireworks and food. The cost will be £5 per adult and £2 per child (under fives free); proceeds for the Methodist Church Fund for World Mission. Please contact Karen on 474601 if you are planning to come, to give an idea of numbers, and especially if you are willing to help by bringing a few cakes or helping out on the night. If you can, please bring some fireworks to share (but only those intended for garden use, for safety reasons).

Karen Edmondson



Green Tip

The Eco Shop on Barrow Market was opened on Saturday 14 September by Brian and Barbara Cairns.

The stall is opposite Harts the Jewellers.

They sell a wide range of environmentally friendly products as well as a selection of vegan products.

The Eco products include:

Plastic-free bamboo hairbrushes, toothbrushes and clothes pegs.

Reusable silicone smoothie straws complete with plant-based cleaning brush and cotton bag.

Ecoleaf 100% recycled toilet paper.

Degradable bin liners and refuse bags.

Bio toilet cleaner, bathroom cleaner and an all-purpose sanitiser.

Ecover bio and non-bio washing powder, washing up liquid, dishwasher tablets and multi-action spray.

They also sell a variety of jute carrier bags and a jute laundry basket.

Beeswax wraps are a fantastic reusable alternative to cling film. They come in 2 sizes - lunch pack and medium kitchen pack.

Suggestions for Christmas or birthday presents:

Bio-degradable bamboo feeding sets consisting of a plate, bowl, cup, fork and spoon.

These would also make excellent Christening gifts.

Shared Earth bamboo socks in a variety of designs.

Handmade 100% soy wax candles in 4 scents.

They also sell bamboo travel mugs and lunchboxes which are a great alternative to taking plastic bottles and bags to school and work!

Shirley Taylor



You are warmly invited to join us for

The 4th annual Churches Together in Cumbria

Dementia Conference

Saturday November 16th 2019 9.30-3.30

Penrith Methodist Church, Wordsworth St.

Penrith CA11 7QY

Keynote Speaker: Wendy Mitchell

(author of 'Somebody I used to know' and daily blog
'whichmeamitoday')

Booking is via Emma Brown: ebctic@outlook.com

Refreshments will be provided but please bring your own lunch

Individual churches

Trinity

Friday 1st November Holy Beetle Drive starting at 6:00 p.m. With soup and a roll, tea and a cake. Cost £4.50 for adults, £2.50 children. Tickets necessary (for catering purposes) available from Margaret Lawton 01229 827925 or Margaret Manvell 01229 826053.

Coffee Morning Saturday 2nd 10:00 a.m. -11:30 a.m.

Midweek Communion Tuesday 5th 10:30 a.m. with refreshments served from 10:00 a.m.

Christmas Fayre Saturday 23rd starting at 2:00 p.m. There will be a range of stalls and refreshments.

Bible Study - until Advent the group will meet at 9 Hartland Road each Monday at 7:00 pm

Family Matters

It is with sadness I have to report the death of Hazel Rayner. Hazel came to worship at Trinity after St Matthew's closed. A quiet lady who attended regularly until in the last few months illness prevented her getting to church. She made friends and enjoyed the fellowship, especially the cuppa before the service. She had a big family of six children, so the church was very full at her funeral. Although she had only been with us for a short while she was a valued member of our congregation. Our thoughts and prayers are with the family.

On Sunday 22nd September, as well as celebrating our harvest service, we welcomed Elliott Joseph Cummings into God's Family at Trinity. Elliott was brought by his Mum Louise and Dad Daniel, along with his elder sister Thea Grace and family and friends. A happy service conducted by Sophie. During the service food was brought which was given to the Foodbank and Furness Shelter Support Group. We also had the opportunity to donate to Christian Aid.

It is with sadness we report that Gordon Macgregor has moved to North Shields to be closer to his family. We wish him well and hope he settles in his new home.

Bob Watkinson has had an operation in Blackburn to insert a stent. We pray that this will be a great help to him and give him a better quality of life.

Margaret Manvell

Trinity Prayer - We meet in the lower meeting room at Trinity each Thursday morning between 8:50 and 9:30 am to pray; each week we give time to one of the United Area churches, and a set of streets, as well as other prayer concerns. If you have any prayer concerns or things you wish to be prayed for, please contact Janet/Alan Ladds (833882) so we can add them to the prayer book.

Week commencing

Nov 3 rd	Urswick Community	S
10 th	Askam	T
17 th	Kirkby	U
24 th	Broughton Community	V

Janet Ladds

Hartington Street

Harvest

HST celebrated Harvest on Sunday 28th September with a service led by Charlie Mills. For a number of years, HST have supported a charity at Harvest Time by donating monetary gifts. This year was no exception and we decided to support the Christian Blind Mission (CBM). You may recall from previous Newlinks that we supported CBM during Lent when our gifts were doubled. This time however, all donations given to CBM before 31st December 2019 are to be multiplied by 5. So far our total has reached £296 which will become £1480 thanks to the anonymous donor! The money will go directly towards cataract operations for children. Please go on line and have a look at this fantastic charity - there's an excellent film clip which we watched during the service just prior to giving our gifts and consider donating yourself. www.cbmuk.org.uk

Sunday School

Currently, the Sunday School membership at HST stands at 6 regularly attending members. Previously they have all been taught in one group; however, it was felt that the time was right to form two groups! This has been a very exciting move. The 3 older children now have their session in the Hub with Chris Mills and the 3 younger children have their session in the vestry with Pam Mills. This has already proven to be a successful venture and it has enabled planning, teaching and learning to become much more age related.

Toddlers @ the Hub

Toddlers is on every Monday in term time, 1:00pm until 2:30pm. All babies, toddlers and pre-schoolers welcome.

Knit and Natter

Knit and natter continues every Tuesday from 10:00am until 11:30am and meets in the Church. This is a very friendly and welcoming group which concludes each session with a short time of prayer for the community and includes any other prayer requests.

Bible study

The Bible Study group runs on alternate Thursdays in the Hub at 10.00am. The next sessions are November 14th and 28th. All welcome.

Lois Kavanagh

Millom

We had a church trip to Ravenglass and the Ratty which was very nice.

We have been packing shoeboxes for Rumania.

I am looking at a trip to Liverpool next year if anyone is interested. It is mainly to see the Cathedrals, but this is not compulsory.

Community events are continuing and Debbie has been appointed as the mayor's chaplain, which is good news.

We are in a much better state at present and send regards to everyone.

Liz Watson

Beacon Hill

On 6th October we were very pleased to welcome back Paulette Bissell to lead our Chapel Anniversary service. She spoke about the 'mother church' and challenged us to rediscover the excitement of the Gospel and to go outside the church to take the good news to others. The service was at a later time than usual, as it was followed by our now traditional lunch of pie and peas and sweet.

As another fundraiser for the Area Christian Aid project, we will be holding a Soup and Quiz evening on Saturday 9th November at 6 pm. If you intend to come could you please let me know for catering purposes (phone 825986, email lilian.wood4@gmail.com)

Our monthly coffee morning will be held on Thursday 28 November, 10 am-11.15 am, with stalls selling cakes, handmade cards, books and Fairtrade items.

The first of 4 Advent meetings will be held on Monday 25 November at 7.30 pm in the Wesley Room. We will look at visual re-tellings of the Christmas story with hymns, prayers, activities and food. Everyone is welcome to join us.

Lilian Wood

Dalton

Due to a late cancellation on Saturday 5th October we were able to have the coffee morning we should have had in September and it turned out to be the best one we have had this year, raising £318 for church funds. Thanks to everyone who supported us.

About 25 people enjoyed our Harvest Supper pie and peas and the game of Pointless that followed. Some of us were far from pointless!!

Future Events:

Saturday 2nd November 9:45 to 11:15 am Craft Fair and Coffee morning at Market Street

Sunday 10th November 10:00 am Remembrance Service at St Mary's Church

Tuesday 12th November 2:30 pm Midweek Communion Service at Market Street

Saturday 16th November 6 pm to 8pm **Evening of fun and games for all ages** at Market Street. The refreshments will be 'bring and share' - if you can, please bring a small plate of food to share with everyone else. Included in this evening will also be a short presentation by Sarah Johnston, a participant in the 2019 Scout Jamboree held in America.

Saturday 30th November 9.45 to 11.15 am Christmas Bazaar at Market Street

R Willock

Askam

We were offered a piano recently for Duddon Road Church. This was once played by our member Valerie Hall's late husband Peter, at a Methodist Church in Yorkshire - so you could say it has come 'home'. It is a more modern pale-coloured low backed piano and looks very smart. We look forward to hearing its tone, once settled and tuned.

Thank you to Valerie and her daughter for this generous gift.

Sadly we are losing our Guiding groups - Rainbows, Brownies and Guides - as they are moving to different premises. They have been using Duddon Road Church since 1996, so we are sorry to see them go. They have come across a problem with the layout of the building, and due to a child with special needs, now need a room with direct access to the toilets. These Health and Safety rules do put a lot of pressure on children's groups. We wish them well in their future.

Sisterhood missed our expected meeting with the U3A Ukelele group, as they were unable to entertain us, but we look forward to hearing them again on 27th November. We were delighted to have a second visit by Mrs Eileen Belshaw, who told us about her life as a District Nurse and Midwife in and around Coniston. She has wonderful 'scouse' humour and we laughed throughout the afternoon. We look forward to Sophie Carnaby's visit on 30th October and Rev Gwyn Murfet's next talk entitled 'Remembrance' on 13th November.

On 11th December we welcome the children from Askam Village School for our Christmas Party. All meetings start at 2:30 p.m. and everyone is welcome to join us.

Dorothy Gleaves

Kirkby

A very busy time with the Shoebox Appeal. Our Craft and Chat members have been clicking away and we have some wonderful items, including gorgeous blankets which will be used to help pack between boxes on the journey to Rumania.

A Thank You card came to us from Furness General thanking us for all the Twiddle Mitts we made for them. Next we were asked if we could knit items for the hospital's Christmas Stall. So we are all kept very busy and our Craft and Chat group keeps growing.

I knew many people in Kirkby from when I ran Playgroup here in the 80's but after coming here to Church I now know many many more. THANK YOU LORD.

We also will have to decide on our project for Christmas. Last year we knitted Angels which we delivered to various people in the village along with a plant or a jar of Mary's marmalade. What can we give this year?

Beryl Hollowell

Ramsden Street

Our harvest supper and service was well supported on Friday September 13th. The pie & peas were enjoyed and this was followed by our service led by Jennet. The gifts of tins of fruit and vegetables were shared between the Homeless Support Group and the Foodbank and £110 was also raised for the United Area Christian Aid project.

Four of us attended the Barrow Mission Community event on Sunday September 22nd. We contributed to the three activities we were asked to share in and also enjoyed the tea which followed.

£125 raised at the Coffee morning on Friday September 27th was donated to Macmillan Cancer Support.

There was a larger than usual congregation at our Friends and Family service, led by Jennet on Sunday October 6th.

Our Autumn Fair this year will be held on Saturday November 2nd from 10am to 1pm. There will be several stalls selling gifts, homemade cakes, books, jigsaws etc.

Refreshments will be available including light lunches. We hope you will come along and perhaps start on your Christmas shopping!

There will not be a church lunch on Wednesday 6th November as we will be making lunches the previous Saturday at our Autumn fair.

Anne Stevenson

Vickerstown

There will be a coffee morning at Vickerstown from 10-11:30 a.m. on Saturday November 2nd, with stalls selling homemade cakes, books, Fairtrade goods and other items. Hot drinks are 50p, as are toasted teacakes. Please join us for a cuppa, chat and browse. Our Christmas coffee morning will be on Saturday December 7th.

Our fortnightly Bible Study group continues to work through the book of Revelation, meeting at 10 a.m. every other Thursday for about an hour. November's dates will be the 7th and 21st; all welcome.

Karen Edmondson

Regular Sunday Services

Morning service times are as follows:

Askam	(Duddon Road) 11:00 am fortnightly (alternate weeks at St Peter's, Ireleth at 11:15 am)
Beacon Hill	(Holyoake Avenue, Barrow) 9:30 am
Dalton Community Church	(Market Street) 9:30am
Hartington Street	Barrow 11:00 am
Kirkby	(Marshside) 11:00 am (except 2 nd Sunday – 6pm service)
Millom	(Queen Street) 11:00 am
Ramsden Street	Barrow 11:00 am (except 1 st Sunday – 10:30am & 5 th Sunday – 11:00 am at Trinity)
Trinity Church Centre	(Warwick Street, Barrow) 11:00 am
Vickerstown	(Warren Street) 11:00 am

Evening services are held as follows:

Beacon Hill	4 pm every week
Trinity Church Centre	4 pm every week
Kirkby	6 pm on the 2 nd Sunday

United Area joint evening services as arranged. For details, please consult the Plan or the website: www.swcumbriaunitedareaurc.org.uk

Regular coffee mornings

Please note that coffee mornings are held every week as follows:

Millom -	Fridays from	9:30 till 10:30
Ramsden St. -	Fridays from	10:30 till 11:30



Broughton - Tuesdays:	at the Square Café from 10:30 to 12 noon
Dalton - Mondays:	Tea and Chat at Wellington Street from 10 to 11:30
Hartington St - Tuesdays:	Care & Share Fellowship & Knit & Natter from 10:00 to 11:30