



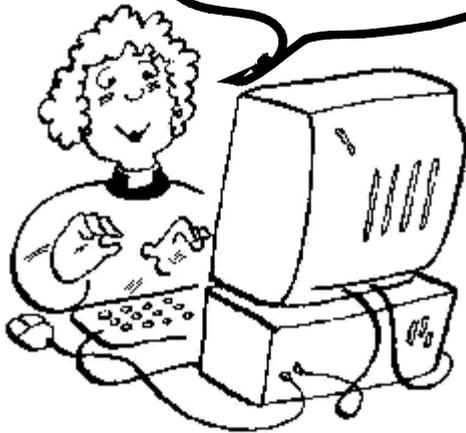
Newslink

SOUTH WEST CUMBRIA UNITED AREA

Charity Registration Number 1141404

Methodist and United Reformed Churches Working Together

The Minister Writes



As I write this, I am about to sort out the heap of empty cardboard boxes which currently fill the garage and garden shed here at Carlton Avenue as they are to be collected by a local removal firm who can make use of them. Before packing those boxes in Keswick, we had a good clear out of everything from files to furniture. All of it had been, of course, necessary and useful in its time. But that time is now past and it all had to go to make room for new beginnings. Other things, however, were carefully packed and labelled and they now reside in the attic, for they may

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well have a part to play in the future. It took many hours to sort out what should go and what ought to be kept. And that pretty well reflects the place we are all in as together we stand on the starting line for the journey together that we are embarking upon. For that is, of course, what the Christian life is - a journey. God calls us to be ever moving forward into unknown territory as we seek to move into a deeper relationship with Him, with each other and as we endeavour to understand and to do work of Kingdom building in the communities we serve. My prayer is that all of us in this South West Cumbria United Area will be able to let go of those things that were necessary and useful in the past but that may be tired, worn out or simply no longer relevant but hold on carefully to that which will sustain and equip us for the future. May God give us all the wisdom and discernment to know which is which!

Area Website www.swcumbriaunitedarea.urch.org.uk

God is truly good in leading us to live and work in such a wonderful part of his world. Neil and I were very grateful for the warmth of the welcome we have already received and we very much look forward to getting to know you all as we travel on together.

Shalom,

Jennet.

Thanks And Update

Thanks to those of you who have sent us cards here at the new manse, and to the congregation at Vickerstown for the lovely flowers which arrived safely by post. Thanks too for the very generous cheque passed on at our farewell service. We have already spent some of it on a portable amplifier to enable us to continue to lead ceilidhs; this had its first outing when on tour with the National Methodist Youth Brass Band in August. We have enjoyed choosing the best places here in the new manse for the many pictures we received. It was good to see some friends from the United Area at our welcome service here, and to be able to show them round the manse. Nearly all the boxes are unpacked now, and we do have a single and a double guest room ready and functioning (both Karen and Alison and Peter came to stay to help us move in), so if a bed in this area would be useful to you, do let us know.

We feel very much welcome here, and by the time of writing have already taken part in events at district and circuit level, in each of the three churches in David's pastoral charge and in the community. It is clear that there are many joys and challenges in store, and some good folk to work with us. We are also surrounded by some lovely countryside.

Lilian is kindly still including us in the "Newslink" mailing list, so we will be kept up to date with your news and prayer needs. We thank you for your continuing prayers for us.

David and Hazel Edmondson

REGIONAL & NATIONAL WEBSITES

District: www.cumbriamethodists.org.uk

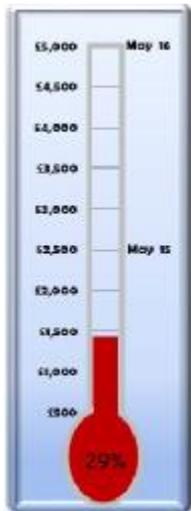
North West Synod: www.nwsynod.org.uk

Connexional: www.methodist.org.uk

National: www.urc.org.uk

November issue No 96 of *Newslink* will be published at the end of October. Please send all material to reach Lilian Wood, 89 Risedale Road, Barrow, LA13 9QY by Sunday October 5th. Items can also be passed on by  **01229 825986** or  lilian.wood4@gmail.com

Christian Aid Community Partnership



Thank you to Margaret Manvell for holding a Strawberry and Cream Tea in aid of our new project, maternal and child healthcare in Kenya. The total raised so far is £1433.75. Please note the date of the quiz evening at Beacon Hill - Saturday 15th November. If anyone is planning an event please let me know so that we can publicise the date and avoid a clash with anything else.

Lilian Wood

The following information is taken from the Christian Aid Kenya factsheet (with figures supplied by the United Nations).

Facts and statistics

- o Population of 41.6 million (20 million are under 18 years old).
- o Average life expectancy at birth is just 57 years.
- o Gross national income of US \$820 per capita per year - or just over US \$2 a day.
- o Classified as one of the world's least developed countries by the United Nations and ranks just 143 out of 187 countries on the Human Development Index.
- o Around 2.1 million people do not have secure sources of food. Changing weather patterns and frequent droughts in the past decade have made it very difficult for farmers to grow enough to feed their families or surplus to sell on.
- o Two in five people do not have access to clean drinking water. This rises to one in two in rural areas.
- o Key exports include tea, coffee and fresh flowers.

Maternal and child health

Maternal and child mortality rates are unacceptably high. There are 490 maternal deaths per 100,000 births nationwide, and the under-five mortality rate is 73 per 1,000 (in the UK this is just six per 1,000). Less than half of the population (44 per cent) have a skilled attendant (a trained doctor or nurse) at birth. One-third of all children in Kenya are too short for their age, a sign of chronic malnutrition. One in six children are underweight or too thin for their age.

In his inauguration speech early in 2013, President Uhuru Kenyatta promised free healthcare to all pregnant women and new mothers. The budget has been released and women are now able to access this care for free - however, there hasn't been a corresponding investment in healthcare facilities and so many women are still not getting the help they need. Although the care is free, transport to the hospital or clinic is not. These hidden costs add another barrier to women - particularly in rural areas - accessing care.

Local Preachers/worship Leaders

We welcome Rev. Jennet McLeod as new LP Tutor. There are information booklets available should anyone feel they would like to find out more about worship leading or Local Preaching.

Janet Ladds

One World Fair

Saturday 18th October at Trinity, 9:30 am - 12 noon. Tickets are £1 (this includes Fairtrade refreshments). There will be the usual stalls, music from Stanza and something to help those attending to think how they can help to fulfil this year's theme which is **LIVING DIFFERENTLY: Breaking Chains - Making Change.**

Representatives from Barrow Food Bank will be there and will be happy to accept any contributions people want to bring.

Sue Millard

Flashbacks... To Times With Jesus

We are now actively looking for helpers for Flashbacks which is being held at Trinity Church Centre in October. There are 3 schools booked in over 4 sessions, namely, Monday 13th October (afternoon) and Tues 14th October (afternoon), Wed 15th October (morning) and Thurs 16th October (morning).

Both those who have helped before or those wanting to find out what Flashbacks is all about and help for the first time are welcome. If you like working with enthusiastic 8 and 9 year old children, this could be for you! Please give your name and which session(s) you would be able to help with to any of the organising team: Iva Cole, Ann Hufton, Kate Hughes, Joan Linney or Hilary Mantle.

Ann Hufton

Praise Group

We continue to meet at Askam at the new time of 7:15pm to start prompt at 7:30pm. All are welcome to share in a friendly fellowship and enjoy a good sing.

We already have two invitations to sing, at "A Celebration Of Faith", October 7th at Trinity at 2pm and "Christmas Carols" at FGH in December.

At our first meeting in September, the opening song was from Singing the Faith number 70

*Always remember, never forget,
never forget to say, "Thank you!"*

*Always remember, never forget,
always say, "Thank you, Lord."*

We give thanks to God that we are continuing to meet, and also thanks to David and Hazel Edmondson for all the hard work they both put into our "Praise Group".

Ellen Powell

First Tuesday Ladies

We will meet at 59 Croslands Park at 7:30 pm on Tuesday 7th October to study the Bible and enjoy a time of prayer and fellowship.

Janet Ladds

Network

We invite you to an ecumenical “Celebration of Faith” @ Trinity Church Centre on Tuesday October 7th @ 2 p.m. The speaker will be Rev Jennet McLeod and there will be a chance to chat to her informally at the close of the service as we share fellowship together over a cup of tea. Everyone will be warmly welcomed (including gentlemen) and we hope to see you there.

Cumbria District Autumn Day

Thursday 9th October at Brampton Methodist Church. Coffee from 10:15 am followed by a Council meeting at 10:45 am. Please bring a packed lunch; drinks will be provided. At 2 pm the Induction service for the new President, Margaret Newrick, conducted by Rev Richard Teal, District Chair, followed by refreshments at 3 pm. (Numbers for refreshments to Sylvia Hall (01697 742885) by 2nd October.)

Elaine Pears

Vocations Day

This is for all those interested in vocation. It will seek to address vocation across the board, including lay and ordained, formal and informal expressions of Christian ministry. There will be opportunities to explore in groups different forms of ministry and what they might mean.

The main contributions to the day will be led by the Bishop of Penrith and will explore vocation and mission. The day is supported by the Methodist and URC churches. Date: Saturday 8th November. The venue is to be confirmed, but will be in south Cumbria.

RespectAbility

Barrow and District Age UK are running a new RespectAbility programme which is aimed at vulnerable older people (over 50 years of age) who live in the area covered by Barrow Borough Council. There will be a particular focus on encouraging those with life limiting illness (including dementia), carers or those cared for, for over 50 hours per week and isolated older men to take part. The programme has activities such as IT courses for beginners, woodworking, cooking, light exercise sessions, craft sessions etc. If you fit the above criteria and want to take part in the programme - or you know of a neighbour, friend or relative who does - and you want more information contact Age UK (Lakeland House, Abbey Road, Barrow, tel 01229 831425) or get in touch with me.

Ann Hufton

Community Outreach Group

Please try to ensure that your church is represented at the next meeting of the Community Outreach Group, which will be held at Dalton Market Street at 6:45 for 7 pm on Thursday 2nd October. The agenda for the meeting will be:

Welcome/Devotions/Apologies

Minutes of the last meeting (10.6.14) and Matters arising

Notice of Any Other Business

Treasurer's Report

Reviews

- COG Coffee morning - 14 June
- COG Slog - Trinity, 29 June
- BibleWorld visit - 16-20 June
- Knitted Bible - 5-15 July
- Area Camp - 18-20 July
- Lebone

Updates

- Fairtrade
- Environmental/recycling
- Food banks
- Family worker
- You, Me and Afternoon Tea

Future Events

- Visit of Alison Adam - Beacon Hill, November 2nd
- You, Me and Afternoon Tea - Trinity
- Flashbacks
- Area camp date for 2015
- Letter of possible venture
- Fairtrade Chocolate information

Any Other Business

Dates/venues for next meetings - February 2015, June 2015.

Janet Ladds

Area Event on Sunday 2nd November @ Beacon Hill Methodist Church



BIG SING

led by Alison Adam from the Iona Community

“Singing Workshop” from 2:00pm, followed by Faith Tea @ 5:00pm;
and ending with a service lead by Alison @ 6:00pm

Everyone welcome, singers and those who think they can't sing!



Individual Churches

Trinity

On Saturday 4th October the usual monthly Coffee Morning is sponsored by the uniformed organisations. On the same morning there will be a Stork Sale. These events run concurrently, starting at 9:30 a.m.

On Friday 17th at 6:00 p.m. Pie and Peas Supper followed by a quiz. This is always a good evening, so come and enjoy a meal and get the 'little grey cells' working! Trinity is playing host to 'Flashbacks' in the week of 13th - 17th October. We are looking forward to this event, building on the 'Knitted Bible' exhibition which was such a resounding success.

Margaret Manwell

Trinity is once again holding its annual Charity Christmas Card/Gift Sale Coffee Morning on Saturday 11th October from 9:30 am. There will be approximately 10 charities selling cards, wrap, calendars and gifts. Do tell friends and come along to support the charities involved and enjoy a cup of coffee and a chat.

Yvonne Farrow

Trinity Prayer - We meet in the lower meeting room at Trinity each Thursday morning between 8:50 and 9:30 am to pray; each week we give time to one of the United Area churches, and a set of streets, as well as other prayer concerns. If you have any prayer concerns or things you wish to be prayed for, please contact Janet/Alan Ladds (833882) so we can add them to the prayer book.

4/10	Hartington St	'H'
11/10	Roose	'I'
18/10	Ramsden St	'J'
25/10	Urswick	'K'

Janet Ladds

Broughton

Thursday 21st August saw us enjoying a Victorian Tea with Martin, Rita and friends. We had ages 2 years up to 96 years and we all celebrated the time both Martin and Rita have spent with us. As usual we had a fantastic spread of sandwiches, scones, cakes and a gorgeous chocolate celebration cake made by Sheila.

Action for Children

A big **Thank You** to those who hold collection boxes. This year they raised £490 for this Methodist children's charity. If anyone would like one please contact me on 716640.

I will also have their Christmas cards on sale at Trinity on Saturday 11th October - last year's will be reduced so come and get a bargain.

Beryl Hollowell

Hartington Street

All are welcome to our midweek Fellowship meetings:

Care and Share fellowship/Knit and Natter: We meet weekly on Tuesdays at 10:00 - 11:30am at Hartington Street. Fellowship, Prayer, a cuppa & bring your knitting.

You are invited to join us for our Tea Club, which starts at 4:00pm & ends around 5:30pm on alternate Thursdays. Tea is served at 4:00pm. It's a great opportunity to enjoy fellowship over a light meal, and listen to a guest speaker, a lovely gentle way to introduce new people to the church family (or re-introduce those who've been away for a while). More details from Val & Jim (831035). All are welcome!

Dates:

October 2 nd	Rev Jennet McLeod,
October 16 th	Ellen Powell - Pictures,
October 30 th	TBA.

Ellen Powell

Notes from The Hub:

The summer break has now come to a close and normality has resumed. We have said farewell to our minister David Edmondson and his wife Hazel but we warmly welcome his replacement Jennet McLeod and her husband to our little corner of Cumbria and we all look forward to working with her.

This new term brings new ideas and also the continuation of our current successes. Our established groups running in connection with The Hub such as Parent & Toddlers, X-Cite and Chat N Play all continue to be valued by the community. There will be small tweaks in each of these to keep things fresh and allow continued development. One of these exciting tweaks is that we are establishing a small committee of parents who will take a leading role in how we will further develop our Parent & Toddler group. This will allow the current members to take some ownership and will no doubt unravel fresh ideas and new ways of thinking.

A new group will soon be established too which will be 'Baby Time'. This new group will be kindly run by my wife Rachel and will take place on a Tuesday afternoon.

Rachel is currently on the mend after the delivery of our daughter Clara but intends to sit in on some already established baby groups in the area to gather ideas before we begin.

Another new venture is the 'Family Church' which Hartington Street has had a few recent attempts at. This all age service is to take place at 4pm on the second Sunday of the month. This is not solely for the community of Hindpool but very much a service geared for everyone in the United Area. This fresh new expression of worship is specifically designed for every age group and I encourage you to join us and if you feel led please do get involved. We would love to welcome you!



On a personal note may Rachel and I say a big thank you to everyone for their warm wishes, prayers and lovely gifts & cards to celebrate the birth of our daughter Clara Faith. We are slowly establishing some routine patterns although we hope the 2:30am feeding slot soon stops!

Prayer Points:

Please pray for:

- Our new Minister Jenet and her exciting new ministry here.
- The continuing/developing groups and new groups beginning at The Hub.
- That the new 4pm service takes off and is warmly received.
- Our local schools contacts with whom we will be working closely on the run up to Christmas.

Mike Little

Regular Coffee Mornings

Please note that coffee mornings are held every week as follows:

Broughton -	Tuesdays from	10:00 till 11:30
Roose -	Thursdays from	9:30 till 10:45
Millom -	Fridays from	9:30 till 10:30
Ramsden St. -	Fridays from	10:30 till 12:00



Dalton - Mondays:

Hartington St - Tuesdays:

Tea and Chat at Wellington Street from 10 to 11:30

Care & Share Fellowship & Knit & Natter from 10:00 to 11:30

Dalton

Tickets (£4) are still available for the concert at Wellington St Church on Saturday 4th October at 2:30pm. In addition to the Ghyll Singers, 2 local young soloists will also be performing - Anna Merrell from Dalton will be playing some cornet solos, and Ben Lewis from Ulverston will be singing and playing his saxophone - though not at the same time! Contact Margaret Harrison on 01229 466069 for further information.

Margaret Harrison

Many thanks to all who helped and supported our September coffee morning, which raised £300 for church funds.

R Willock

Christian Women's Fellowship: The next meeting of the CWF is on Wednesday 15th October at 7:30pm. The guest speakers for that evening will be George and Audrey Sharp. All are welcome.

D Zazi

Askam

Two Askam members have reached their 80th Birthdays: Margaret Frankland on the 24th August and Alan Park on the 30th August. From all their friends at Duddon Road Church we would like to wish them many happy returns, and hope they both had wonderful celebrations on their special days.

A new armchair exercise class will be held at Duddon Road Church on Thursdays - fortnightly - from 10:30 - 11:15 am led by Christine Pearce. Feeling down or full of aches and pains, why not join us for gentle exercise to music - followed by tea, biscuits and a friendly chat. Next class will be on Thursday, 2nd October. Phone Dorothy Gleaves 465378 for further details.

Sisterhood is held fortnightly on Wednesdays at 2:30 p.m. The speaker on 8th October will be Rev Ann Hufton, and on 22nd October Valerie Hall will tell Bible stories in a Yorkshire dialect.

Our monthly midweek service will be held on Wednesday 15th October at 10:00 a.m.

Everyone is very welcome to join us for all or any of the above.

Dorothy Gleaves

Kirkby-in-Furness

On Saturday October 25th we will be holding our annual Craft Day and have a variety of stalls and crafts where you can browse, buy or watch and learn. Amongst others we have a crafter bringing her range of cards using the encaustic method of decoration which involves wax and a hot iron, a candle-maker, wood turning and beautiful and reasonably priced silver jewellery. Lots of ideas for Christmas presents perhaps. We make no charge for entry but will be serving coffee and biscuits in the morning and soup at lunch time. Please join us on what is usually a very interesting day.

Coffee and Company is on Wednesday October 1st from 9:45am to 11:30am.

Janet Sheldon

Ramsden Street

FACTORS (Fun At Church Together On Ramsden Street) held an Open Evening and invited everyone to come along and see what we get up to on our Friday evenings. The next date for our get together is Friday 3rd October from 6pm to 7:30pm.

Plans are underway for celebrating our centenary in 2015. We are hoping to have a calendar of events ready early in the New Year.

Midweek Meetings have started again after the summer break - each Wednesday at 2:15pm (apart from the first Wednesday in the month when there is a lunch at 12:00pm). We have a varied programme of speakers and activities and everyone is very welcome to join us.

Anne Stevenson

Millom

We offer our sincere condolences to the family of Iris Steele, a well-loved and highly respected member of Queen Street who passed away in August. St. George's Church was packed and Rachel participated in the service where many of our congregation and Craft Class and Coffee Morning regulars came to pay their respects.

On Tuesday 21st October at 6:30 pm we are holding a Pie and Peas Supper followed by Holy Beetle to raise money for the Christmas Shoe Boxes. For the past three years we have raised sufficient money with this event to cover the transport costs. Already one of our members Julie has been covering boxes with Christmas paper ready for the packing event which this year will be on Saturday 25th October and the hallway cupboard at Queen Street is filling up nicely with items to go in the boxes. If you haven't played Holy Beetle come and join us as it is always a great time of fun and fellowship. Tickets will be on sale shortly at a cost of only £3.

Messy Church will be held on the fourth Sunday from 3:30pm to 5pm. All the regular events during the week have now recommenced after the summer break. Also Rachel and Elizabeth are hoping to start a Girl Guide group following the taster evening on Friday 12th September. An update on this will appear in the November Newslink.

Our Harvest Festival service is on 12th October at 11am led by Rachel. We also look forward to meeting our new Superintendent minister on the following Sunday 19th October when Jennet will be our preacher at our communion service.

Margaret Riley

Beacon Hill

Our usual monthly coffee morning will be on Thursday 30th October, 10 am-11:15 am, with stalls selling cakes, handmade cards, books and Fairtrade items.

On Saturday 15th November at 6 pm there will be a quiz evening with soup to raise money for the Christian Aid Partnership project, maternal and child healthcare in Kenya.

Lilian Wood

Roose

It was with much sadness that on August 3rd Martin's last service was held. Martin and Rita have been so much a part of Roose over the last eight years and Rita had also visited us at our coffee mornings with her Dad, Mum and Dora before that. They did such a lot for us as well as preaching, whether at our soup lunches, quizzes, slide shows or just being there for us. But the Songs of Praise service was a lovely occasion. There were people from other churches and also from our coffee morning present. Various people chose their favourite hymns that meant something to them. Both at this service and the last coffee morning presentations were made to them both. Martin and Rita have come to mean much more to us than Minister and wife; they have become really good friends. God bless you both from all your friends at Roose.

Vickerstown

Vickerstown will celebrate its Harvest Festival with a parade service at 11 a.m. on Sunday 5th October; there will also be an evening Harvest service at 6:30 p.m. on that day. Both services will be led by Rev Jennet McLeod. There will be a Walney ecumenical open-air Harvest celebration (weather permitting!) at 3 p.m. on October 5th in Vickerstown Park where we hope to have a brass band playing. Those who wish to may gather at the allotments behind the houses of Vickerstown to walk down to the park together. Harvest celebrations will conclude with a Harvest Supper and auction of produce at Vickerstown at 6 p.m. on Monday October 6th, where we will again be joined by our friends from St. Mary's. Proceeds will go to Christian Aid; some suitable items will be donated to Barrow Foodbank rather than being auctioned.

Our regular monthly coffee morning will be held on Saturday 18th October at 10 a.m. with the usual cake and bring-and-buy stalls and the chance to stock up on Fairtrade items. Ecumenical Messy Church at St. Mary's continues on the third Sunday of the month, October 19th, from 3-5 p.m.

David was delighted to mark his last service at Vickerstown with what he believes was his first confirmation service there: we welcome Paul Gomersall, grandson of established member Gwen Thomas, to membership at Vickerstown. The service was also marked by the presentation of two paintings given by the congregation as leaving gifts for David and Hazel: one of the Duddon estuary towards Black Combe was especially chosen to remind David of the lovely view that helped to pass many a journey to and from Millom! The pictures have pride of place in the manse lounge in Earby.

We welcome Jennet and Neil to the United Area and look forward to working with her, and getting to know her, as our minister at Vickerstown.

Karen Edmondson



Green Tip

The following is taken from the website www.lovefoodhatewaste.com

Food for thought - do I really waste food?

More than two million of us have made changes to the way we shop, prepare, store and use food. This is brilliant - but there is still a lot more we all have to do.

57% of us claim not to waste food (or very little) but in fact as a nation we are throwing away millions of tonnes of food and drink from our homes every year, and most of this could have been eaten. And while one in four of us think that the food we throw away doesn't cost much, the fact is that food waste is hitting us in the pocket - it currently costs the typical household £470 a year.

If you really think you don't waste food, why not set yourself a small challenge? There are some very simple steps you can take to ensure that you're making the most of the food you buy.

First thing would be to look at what you are wasting.

Try keeping a food waste diary for a week, or put all the food and drink that you'd normally throw into the bin into a container, to see how much there is. Then follow the simple advice below and measure again to see how much your waste has gone down!

Planning meals before heading out to do the shopping and writing (and sticking to!) a shopping list really can save you pounds on your food bill. It only takes a few minutes to do, and there's even a template meal planner on www.lovefoodhatewaste.com to get you started.

Lilian Wood

Regular Sunday Services

Following recent changes morning service times are now as follows:

Askam	(Duddon Road) 9:30 am (except 5 th Sunday–11:00 am)
Beacon Hill	(Holyoake Avenue, Barrow) 9:30 am
Broughton	(Princes Street) 9:30 am
Dalton Methodist	(Wellington Street) 9:30 am
Dalton URC	(Market Street) 9:30 am
Hartington Street	Barrow 10:30 am (except 2 nd Sunday – 4 pm service)
Kirkby	(Marshside) 10:30 am (except 2 nd Sunday – 6pm service 5 th Sunday – 10 am at St Cuthbert's)
Millom	(Queen Street) 11:00 am
Ramsden Street	Barrow 11:00 am (except 1 st Sunday– 10:30am & 5 th Sunday – 11:00 am at Trinity)
Roose	(North Row, Barrow) 11:00 am
Trinity Church Centre	(Warwick Street, Barrow) 11:00 am
Urswick	(Tarn Close) 11:00 am (except 1 st & 3 rd Sundays – at Parish church)
Vickerstown	(Warren Street) 11:00 am

Evening services are held as follows:

Beacon Hill	6 pm every week (4 pm in winter)
Trinity Church Centre	6:30 pm every week (4 pm in winter)
Hartington Street	4 pm on the 2 nd Sunday (all age service) 8 pm café worship as advertised
Kirkby	6 pm on the 2 nd Sunday

United Area joint evening services as arranged. For details, please consult the Plan or the website: www.swcumbriaunitedarea.urch.org.uk