



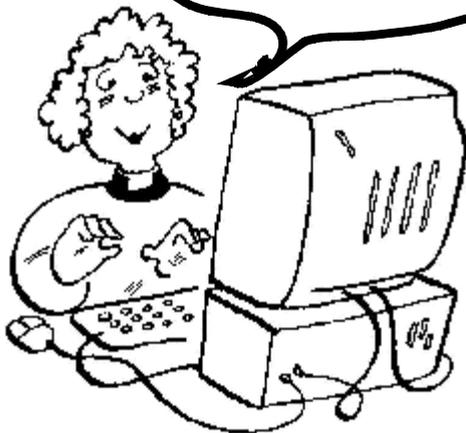
Newslink

SOUTH WEST GUMBRIA UNITED AREA

Charity Registration Number 1141404

Methodist and United Reformed Churches Working Together

The Minister Writes



November is a time for remembering, starting as it does with All Saints Day. On this day in the year, Christians have continuously reflected on the godly lives of men and women down the ages who had made an impact in the communities that they lived in, such as Clare of Assisi who founded a religious order known as the Poor Clares and St Hugh who was Bishop of Lincoln. These giants of the faith give us inspiration for the way that we should live our lives. On the very next day we celebrate All Souls Day. Traditionally, this festival in the church

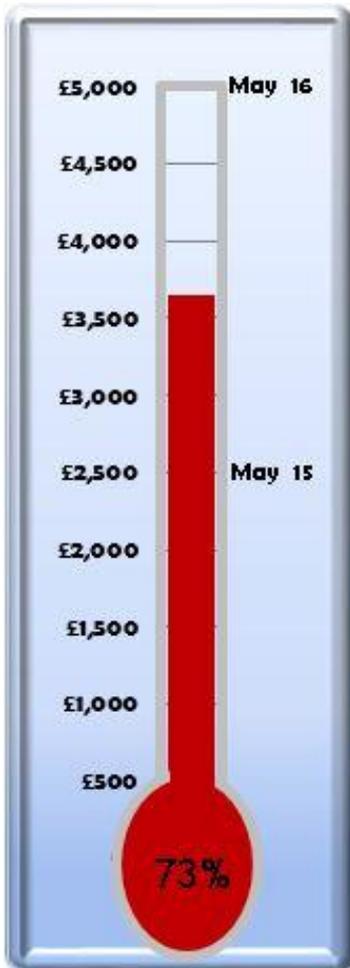
ISSUE 106 November 2015

calendar was an opportunity to remember those who had died in the last year and to give thanks to God for their lives and Christian witness. My inner Methodist would have these two days merged into one as I believe that all God's people who believe in Jesus are called Saints. No-one regardless of how little they might think of themselves is not a saint. What a challenge it is to think that we are to live our lives as saints. Although we may never found a religious order or become Bishop of a Cathedral nonetheless the lives that we live should still reflect the love and glory of God our Father, the Lord Jesus Christ who saved us and the power of the Holy Spirit at work within us. For each one of us, there is the great challenge to reach out in the community with the love of God through social action such as giving to the Foodbank and campaigning against the injustice of the Benefit Sanctions System. Further we are called to treat our

Area Website www.swcumbriaunitedarea.urch.org.uk

brothers and sisters in Christ with the same love and compassion that Christ has shown to us. In this way our lives will show everyone the difference that Jesus has made in our lives. Therefore may the lives of the saints and the souls who have gone before us remind us to live our lives to God's glory as they did!

Rachel



Christian Aid Community Partnership

Thank you to Dalton for donating the collection from their Harvest service; the total has now reached £3645.01. When you have money to pass over could you please make the cheque payable to South West Cumbria United Area and send it to

Mrs Lynne Pearce,
60 Steel Street,
Askam, LA16 7BP,
clearly stating that it is for the Christian Aid project.

Beacon Hill have arranged a quiz and soup evening on Saturday 7 November. If anyone else is planning an event please let me know.

Lilian Wood

REGIONAL & NATIONAL WEBSITES

www.cumbriamethodistsdistrict.org.uk

North West Synod: www.nwsynod.org.uk

Connexional: www.methodist.org.uk

National: www.urc.org.uk

Dec/Jan issue No 107 of *Newslink* will be published at the end of November. Please send all material to reach Lilian Wood, 89 Risedale Road, Barrow, LA13 9QY by Sunday November 8th. Items can also be passed on by

☎ **01229 825986** or ✉ lilian.wood4@gmail.com

The following information is taken from the latest update from Christian Aid.

THE AMBULANCE HAS ARRIVED!

The new ambulances operate around the clock, assisting women and children on their way to the hospital. No matter the time, day or night, they travel to remote rural villages to allow those in need to complete their journeys. Over 100 women have been transferred to hospital using the ambulances with the majority of these going to hospital to deliver their babies. The ambulances are available to the whole community when they require assistance.

Each year in Kenya, 40,000 babies and 14,700 women die from complications during childbirth and pregnancy. But the arrival of the ambulances, along with the steadfast work of our partners, means that in the last 12 months not a single mother or child has died in any of the villages in Narok County where our partners are working.

Let's repeat that: in the last year not a single mother or baby has been lost!

This exciting news was brought to us by Rodney Kaleke during his recent trip to the UK where he met with supporting churches and schools in Yorkshire and the North East. Rodney is the project coordinator for the TRDP (Transmara Integrated Development Programme) maternal and child health project in Narok County, Kenya.

Rodney described the many reasons why so many women previously gave birth at home, rather than in hospital with trained medical support. He said, 'Firstly, there's the distance they must cover - often half a day's walk, 30-40km away. Secondly, culturally, due to the involvement of Traditional Birth Attendants, mothers normally give birth at home but there are many dangers if they run into complications. In the absence of skilled hands, many women die. Thirdly, there is patriarchal decision making. The men make decisions in the household and they do not understand what support a mother needs. Often the men do not provide transport or the fare to reach the hospital. Lastly, there are the wild animals - lions and big animals like elephants roam free so women may be attacked.'

Now, because of your support, women and children are able to access the care they need. Women are increasingly empowered to make their own decisions about their reproductive health and are safe to travel to hospital, partly as a result of the mother-to-mother support groups set up by our partners. Rodney added, 'We are seeing a community that is much more informed today, a community that is looking to the future - a future of healthy families and individuals.'

Thank you for your ongoing support for this project. Your prayers and financial giving are making a profound difference to the lives of mothers, fathers and children in Narok County. Please continue to pray for Traditional Birth Attendants as they are trained by our partners, and for the ambulances that they continue to reach people in need. Please pray that they would know that they are part of God's plan in bringing new life to our world.

Synod Report

We were delighted to welcome the Cumbria Methodist Representative Synod to Trinity Church Centre on 12th September - and thanks go to the many people from the United Area who helped to make the day such a successful one. The theme of the day built on the Spring Synod: thinking about what it means to be Methodist in the 21st century. We began our time together with one of the oldest Methodist traditions - an agape meal in which we gathered around tables in small groups and shared fruit bread and juice whilst giving thanks to God for the blessings we have received and the ways in which we have seen God at work around us since we last met - some of what was shared on my table was very moving and humbling.

Richard Teal then encouraged us to take this practice back to our churches and I am sure many will. As the day progressed, we celebrated some of the exciting things already emerging through the 'God for All' Mission Communities strategy and watched a short DVD clip summarising the work of the Methodist Conference 2015, which included a challenge from Rev Steve Wild, the President of Conference, to every individual church to bring at least one person to faith this year. We then moved in to the workshop sessions which you'll read about below, looking at four of Methodism's distinctive gifts. During the afternoon there was more business to be done, interspersed with short presentations including an offer from Rev Mike Harrison to lead sessions in our churches or circuits on 'Faith and Science'. To end the day, Rev Rachel led the closing worship quietly and sensitively - an ideal finish to a day during which we were able to enjoy the sense of belonging to something much bigger than our individual churches or Area and which no doubt left minds buzzing with thoughts and ideas.

Jennet McLeod

The best of all is

Connexionalism

This word may not fill you with joy and excitement, in fact the very word Connexionalism may not mean anything to you at all. However, this was the Synod workshop that Lilian and myself attended. We started by playing Connect 4 and by passing three balls of knitting wool before thinking about ‘What is Connexionalism?’ and ‘Who are the Connexion?’ For the first question the overwhelming answers were concerned with the community of the Methodist Church in Britain and beyond. We used words such as family and connectedness. Everyone agreed that the Connexion are the whole people of the Methodist Church rather than just those at Methodist Church House in London. After this discussion took place on four areas: firstly, ‘Do individual Methodists have a sense of belonging to the wider Methodist Church?’ It was felt that often churches struggle with the concept of belonging to circuit (or in our case United Area) let alone that they belong to a wider Methodist Church. We acknowledged that the understanding of Connexionalism varies between individuals. Secondly, are there benefits to belonging to a wider Methodist Church? We felt that the Connexion allows us to support each other through the sharing of experience and resources. Thirdly, the challenges facing our belonging today are that often our churches and chapels are not entirely made up of cradle Methodists so the idea of belonging to a wider Methodist Church may be foreign to someone from a Pentecostal background. Finally, how these issues are affected by ecumenical developments and changes in wider society. This led on from the previous question and it was noted that wider society does not invest as much time in belonging to a bigger group. We also discussed how ideas from a congregation member need to be fed into the Connexional system alongside the new ideas from the Connexion being passed on to those in the pews. If you have any ideas that might shape the future of the church locally, regionally and nationally - you don’t have to be a Methodist to have useful suggestions!

Rachel Williams

God is with us

John Wesley

Hymnology

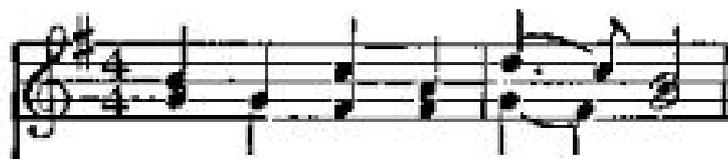
It's not every day that one of Methodism's finest living hymn writers visits the United Area, so when I heard that Rev. Andrew Pratt was coming to Synod at Trinity (less than a fortnight into his retirement), there was never much doubt about what I'd be doing with that hour. If you're not already familiar with Andrew's work, his nine entries in 'Singing the Faith' are well worth checking out.

We thought together about matches and mismatches between words and tunes, and Andrew encouraged us to see that a 'belter' of a tune like Sagina, ideal for the last verse and a half of 'And can it be' doesn't really fit the more contemplative nature of the earlier verses. So he encouraged us to try 'Abingdon' (often sung to 'Great God, your love has called us here'). The results are interesting and, I think, at least worth a try.

But we thought, too, about the need for hymns which speak clearly into contemporary situations. The world in which we live, and the language we use to describe it, change markedly with the passing of time, so although we still sing 'O for a thousand tongues to sing' with great gusto centuries after Wesley wrote it, and although we still believe in Jesus' power to forgive sins, we wouldn't now dream of saying (in the words of a long-forgotten verse) that he'd "wash the Aethiop white." Such a phrase would rightly be quite unacceptable, even though when he wrote it Wesley was describing the same life transformation as Isaiah points to when he prophesies, "though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool."

And the best hymns help us to look to current events with the eye of faith. So when Andrew spoke with us he shared a hymn he'd written little more than a week before to address the developing migrant crisis. What a privileged position Christians of our generation find ourselves in now that the internet gives us access to thoroughly fresh, contemporary hymns through the Singing the Faith Plus website (a quick Google will find it) and a number of others mentioned during the seminar. Let's make sure that we use that treasure store of resources well.

Martin Williams



Social Action

This was led by Melanie Beaven (a Deacon from Carlisle) who was born in Germany and grew up in the Lutheran Church - a Church which has a strong emphasis on Social Action. Melanie shared how, when she moved to the UK, she chose the Methodist Church because she saw a similar focus on Social Action. The aim of the workshop was to explore what Social Action means to us as Christians today.

We began by looking at what it meant to John Wesley. For the Wesleys, works as well as faith were essential to the whole of Christian living. Caring for the poor, for prisoners, for widows and orphans was very important. Early Methodists were not only interested in welfare but worked to remedy social injustice. The Wesleys were an influence in prison reform and, inspired by their mother Susanna, they earned a reputation as pioneers in education. John Wesley's last known letter urged the abolition of 'that execrable villainy' slavery. Methodists were encouraged to work to their utmost to improve the lives of others. John Wesley exhorted them to "Make all you can, save all you can, give all you can."

We discussed the following questions:

- What role does Social Action play in our understanding of our own faith and spirituality?
- What's the difference between Social Action and Charity (if there is one)?
- How are Social Action and Justice manifested in the Bible?

A very fruitful discussion took place in which we discussed initiatives that were going on in our local Churches as well as nationwide opportunities for Christians to speak out against injustice. We concluded that Social Action is a vital part of our Christian faith and that it is important for Christians to work **with** those in need (rather than doing things **for** them) as well as to be a voice in the wilderness, declaring justice and truth.

Lynne Pearce

Mission Communities

Discussions in the Barrow area are continuing - many of you will have had an update on this at the autumn church meetings - and there will be an open meeting on Monday November 9th at Trinity for anyone interested in this; gather from 7 p.m. to start at 7:30. Members of the steering group who have been meeting regularly for several months to pray and talk about what the Barrow Mission Community might look like and what it could do will share the current position and try to address any questions or concerns that people have.

One definite thing which has already arisen from these discussions is that there will be a shop space open in Barrow Town Centre on Saturdays between November 14th and Christmas, and also Wednesday 23rd December, from 11 a.m. until 4 p.m. where the Believe in Barrow 'pop-up shop' was (opposite the outdoor market). We hope this will offer Christmas books and cards, storytelling, children's crafts, a prayer space and a place just to sit, chat and have a cuppa: a presence to remind people of the Christ in Christmas. Volunteers will be needed so please try to keep some space in your diaries if you are interested.

Flashbacks...to times with Jesus

The next running of Flashbacks will be during the week beginning November 9th at Ramsden Street. Classes from four schools will be coming (St George's C of E School, Greengate Juniors, Sacred Heart RC School and Roose Community School) on Monday Nov 9th morning and afternoon, Tues Nov 10th morning and afternoon, Weds Nov 11th morning and Thursday Nov 12th morning - around 150 children in total.

If you would like to help at one (or more) of the sessions, please get in touch with any of the organising team (Ann Hufton, Kate Hughes, Joan Linney or Hilary Mantle) and say which session(s) you can help with.

If you have never been a part of Flashbacks before but would like enjoy a morning or afternoon with enthusiastic 8 and 9 year olds, or would like to help make the refreshments, we would be pleased to welcome you - no training needed to be a helper, just a desire to be with the youngsters.

Ann Hufton

First Tuesday Ladies

We will meet on Tuesday 3rd November at 7:30 pm at 59 Croslands Park for a time of Bible study, prayer and fellowship. All ladies are welcome.

Janet Ladds

Area Bonfire



There will again be an Area bonfire party at Vickerstown from 6 p.m. on November 5th, which is a Thursday this year. The cost will be the same as last year - adults £2.50, children £1, family £6 - with proceeds to the Fund for World Mission. Please bring fireworks to share; contributions of cake would also be welcome as would a couple of pairs of hands to help in the kitchen or let off some fireworks! If you intend to come please let Karen know on 474601 to assist with catering.

Karen Edmondson

Individual Churches

Trinity

Usual monthly coffee morning Sat. 7th. November at 10:00 a.m.

Christmas Fayre Saturday 28th. from 2:00 - 4:00 p.m. All the usual stalls. We hope Father Christmas will be able to pay a visit.

Bible Study fortnightly on Thursdays 5th & 19th at 2:00 p.m.

Family News

On Sunday 20th. September at our Harvest Service we collected tins etc, which were given to Furness Shelter for the Homeless and Action for Children. We also had a retiring offering for The Syrian Refugee Appeal which raised just over £233.00. On that morning Jennet baptised Jacob James France, son of Rob France and Ami Hawkrigg; another packed church and a full service. We trust we will see the family again soon.

On Tuesday 22nd September we gathered to say farewell to Terry Bowyer who died so suddenly while on holiday in Spain, to celebrate his life and to support Maureen, her son Elliot and his wife Alison. A packed church and a very moving service led by Jennet. Afterwards most folk stayed and enjoyed refreshments in the lounge. We continue to remember Maureen and the wider family in our prayers. We also remember Janet and Alan Ladds and celebrate with them on the birth of a new granddaughter. Although Esther had to be rushed into hospital, we give thanks that she is making progress. We also remember Janet as she worries about her Dad who is very poorly.

Margaret Manwell

Trinity Prayer - We meet in the lower meeting room at Trinity each Thursday morning between 8:50 and 9:30 am to pray; each week we give time to one of the United Area churches, and a set of streets, as well as other prayer concerns. If you have any prayer concerns or things you wish to be prayed for, please contact Janet/Alan Ladds (833882) so we can add them to the prayer book.

2/11	Beacon Hill	'N'
9/11	Ramsden St	'O'
16/11	Urswick	'P'
23/11	Dalton	'Q'
30/11	Askam	'R'

Janet Ladds

Hartington Street

All are welcome to join our Care and Share fellowship/Knit and Natter. We meet weekly on Tuesdays at 10:00 - 11:30 am. Fellowship, Prayer, a cuppa & bring your knitting.

Bible studies are held fortnightly as follows:

Thursdays at 2 pm - 12th November, 26th November.

Ellen Powell

Beacon Hill

Join us if you can on Saturday 7th November for a quiz evening in aid of the Area Christian Aid project. We will begin at 6 pm with soup and bread, followed by the quiz.

Our usual monthly coffee morning will be held on Thursday 26th November, 10 am- 11:15 am, with stalls selling cakes, handmade cards, books and Fairtrade items.

Lilian Wood

Dalton

The Bible Society coffee morning and book sale raised £251. Thanks to everyone who helped and supported us. The next Bible Society event will be the AGM in November.

R Willock

Christian Women's Fellowship. The next CWF meeting will be on Wednesday 18th November at 7:30 pm when we will be 'Sailing with Gordon Hearsey'. All are welcome.

D Zazi

Harvest Festival.

On Saturday 19th September around 30 people, young and not so young, gathered together at Market St and enjoyed a lovely pie and peas supper followed by fun and games. The evening was rounded off very nicely by Reg and Mary, two members of our congregation, who sang some old time favourite songs. We all enjoyed singing along with them and some of the more energetic got up with the children to dance. On Sunday we were pleased to have the Rev'd Jennet McLeod to take our Harvest Festival service. £100 was collected for the Christian Aid Community Partnership and the congregation brought tins which were donated to the food bank.

F Corkish

Askam

A beautiful month of September and the start of a new year at our Churches. Lots of events starting again after a summer break. Askam uniform groups are all flourishing, and the Brownies did a wonderful display of large animals to decorate the Church window ledges for the Harvest Festival Service on Sunday, 27th September. Two of the Brownies read the prayers, and Rachel led us through an interesting and challenging service all about bees and honey. £34.00 was raised for the honey farmers and the generous worshippers also gave £80.00 for the Christian Aid Emergency fund - for the Syrian refugees. It was great to see so many new faces at the service including the newly married couple Harriet and Daniel Cooper.

The Cubs held a sleepover on Friday, 16th October which I imagine was a great night - how much sleep they got is anyone's guess.

The chair based exercise is still very well attended and quite a few of us met in the summer break, at a very special 90th birthday party for our eldest member. Mary Slater's family put on a wonderful day for her, a marquee in the garden, the sun shining and afternoon tea on the lawn - with lovely china crockery. Mary was queen for the day.

In August we had a wedding, the 1st for a very long time, and in October we had a Christening, on Sunday, 25th. The lovely baby girl, Poppy, is the daughter of Laura, 1st grand daughter of our Brownie and Rainbow leader Michelle Johnson, and a very welcome great granddaughter for Margaret Frankland. We thank God for this new life, may she grow to be a very special addition to her lovely family.

We also congratulate Pat and Alan Jones, as they welcome a new great grandson Noah, may he bring joy and happiness to their lives.

Sisterhood will meet at 2:30 p.m. on Wednesday, 11th Nov. when we will welcome Mil Dixon from St. Mary's Hospice to talk to us and we'll hand over our penny collection - which can amount to a good sum. On Wed. 25th Nov. we will have a talk by representatives from Wiltshire Farm Foods, and no doubt lots to sample. By the time you read this, we hope to have filled lots of shoe boxes for Boxes of Hope, as the cupboard is already bursting with donated items to pack for the N.W. Rumanian children.

Our Christingle Service will be held on Sunday, 6th December at 6:00 p.m. when the children from Askam Village will take part in the Service. They will also visit us on the following Wednesday to sing for the Sisterhood Christmas Party and we look forward to welcoming them each visit.

Dorothy Gleaves

Broughton

Saturday 21st November, 10:30 am - 3 pm

CHRISTMAS FAIR

Lots of stalls run by Local Craftspeople plus Christmas Cards
from Save the Children and Action for Children
Coffee and biscuits £1, Soup lunch £2.50, Tea and mince pie £1
FREE ENTRY

Come and buy your Charity Cards and find that Special Present for a loved one or
yourself

There will be warm accessories to keep you cosy as winter approaches
Hope to see you on 21st

Beryl Hollowell

Kirkby-in-Furness

On Sunday 22nd November we are very much looking forward to welcoming Richard
Teal, the chairman of the Cumbria Methodist District to our morning service.

Richard is based in Penrith which is more or less equidistant from all the Methodist
churches in Cumbria and he intends to lead worship in all 115 of them when his
other duties allow. Many Newlink readers will have heard Richard speak at other
services and events in the area, but if you haven't heard him before it is well worth
listening to his very practical style of leadership and his thoughts on the role of
Methodism in present day Cumbria on the District website.

November the 29th is the first Sunday in Advent and we shall begin to decorate the
chapel for the Christmas season during coffee after the service.

Coffee and Company is on Wednesday 4th November 9:45 to 11:30am as usual and
our portable WiFi will be available for anyone to use. Support and advice is offered
if you are not confident in using a computer or accessing the internet.

Janet Sheldon

Ramsden Street

We are coming to the end of our year long celebrations of worshipping for 100 years in our building and what a year this has been! A different event each month; involvement of Greengate Junior School; money raised for Christian Aid; tins of food for the foodbank and Furness Homeless Centre; great publicity through the Evening Mail resulting in some Sunday School scholars from many years ago making contact with us; three infant baptisms and a Re-Affirmation Service.

There is just one more event to take place and this will be a Centenary Celebration Service to be held on Sunday November 15th at 2:30pm.

It would be wonderful if we could fill our church and hope that you are able to come along and help us to do this. There will be a centenary cake to share after the service, which will be led by Rev Ron Wilson.

Our Annual fund raising event will be our Autumn Fair on Saturday November 7th from 10am to 1pm. There will be several stalls and refreshments will be served throughout the day - including light lunches.

Anne Stevenson

Millom

A number of people from various churches and backgrounds came to Queen Street to meet the representative from Romania, Nicu Gal, on his visit to the area. It was very interesting to see the pictures of the children who received the shoe box gifts last Christmas and a reminder to those present of how fortunate we are in this country as the living conditions of the recipients were so primitive compared to ours. This year a video is being made which will follow the journey of a shoe box from Cumbria to its destination. The faces of the children receiving last year's gifts - smiles mingled with tears of joy - will stay with us as we pack the boxes in the October half term holiday.

The Autumn Fayre on October 3rd raised £371 for Church funds. Not as much as we usually achieve but there were other events in town on the same day and time. The "season of mists and mellow fruitfulness" described by John Keats in his wonderful poem has arrived so we will celebrate our Harvest Festival on 10th October and gifts for the Foodbank will be gratefully received, although a token display of fruit and vegetables will be displayed on the communion table at the front of Church as in previous years.

Margaret Riley

Vickerstown

Our joint coffee morning with St. Mary's Church, held at their parish centre on September 26th, was a great success raising around £300 for the Ugandan women's co-operative 'Together we Can'. Sheilagh Williamson gave a very interesting presentation on the origins of the project and the difference it has already made to the members' lives, and her hopes for the future. She returns to Uganda in November and we pray for her work there. October's coffee morning is back at Vickerstown on Saturday 31st from 10 a.m. with the usual cakes, Fairtrade goods and Bring & Buy stall.

We enjoyed a very successful Harvest Supper on October 5th, joining with St. Mary's for fellowship, shepherd's pie (many thanks to Jenet for making this), an impressive selection of puds and the auction of fresh produce. A good evening was had by all and an impressive total of £261 was raised for Christian Aid; both churches also contributed a quantity of tins and packets offered for Harvest to Barrow Foodbank. Advance notice - Vickerstown's Christmas coffee morning will be held on Saturday December 5th from 10 a.m. until about 11:30, with all the usual stalls plus a few extra bits! All welcome.

Karen Edmondson



Green Tip

The 5p charge for carrier bags in supermarkets and large shops came into effect on October 5. The money raised will go to charity, but the object of the exercise is to try and lessen the impact on the environment of all the discarded bags. I just wonder how many of us will pay up unthinkingly, as it is a very small sum to many on top of a grocery bill of £50 and how many have "bags for life" in the car but forget to bring them into the stores. Reusable and replaceable they represent really good value at 10p each and they are also brilliant for muddy walking boots!

Janet Sheldon

Regular Sunday Services

Morning service times are as follows:

Askam	(Duddon Road) 9:30 am (except 5 th Sunday–11:00 am)
Beacon Hill	(Holyoake Avenue, Barrow) 9:30 am
Broughton	(Princes Street) 9:30 am
Dalton Methodist	(Wellington Street) 9:30 am
Dalton URC	(Market Street) 9:30 am
Hartington Street	Barrow 10:30 am (except 2 nd Sunday – 4 pm service)
Kirkby	(Marshside) 10:30 am (except 2 nd Sunday – 6pm 5 th Sunday – 10 am at St Cuthbert's)
Millom	(Queen Street) 11:00 am
Ramsden Street	Barrow 11:00 am (except 1 st Sunday– 10:30am & 5 th Sunday – 11:00 am at Trinity)
Trinity Church Centre	(Warwick Street, Barrow) 11:00 am
Urswick	(Tarn Close) 11:00 am (except 1 st & 3 rd Sundays -- at Parish church)
Vickerstown	(Warren Street) 11:00 am

Evening services are held as follows:

Beacon Hill	6 pm every week (4 pm in winter)
Trinity Church Centre	6:30 pm every week (4 pm in winter)
Hartington Street	4 pm on the 2 nd Sunday (all age service) 8 pm café worship as advertised
Kirkby	6 pm on the 2 nd Sunday

United Area joint evening services as arranged. For details, please consult the Plan or the website: www.swcumbriaunitedarea.urch.org.uk

Regular Coffee Mornings

Please note that coffee mornings are held every week as follows:

Broughton -	Tuesdays from	10:00 till 11:30
Millom -	Fridays from	9:30 till 10:30
Ramsden St. -	Fridays from	10:30 till 12:00



Dalton - Mondays:	Tea and Chat at Wellington Street from 10 to 11:30
Hartington St - Tuesdays:	Care & Share Fellowship & Knit & Natter from 10:00 to 11:30