



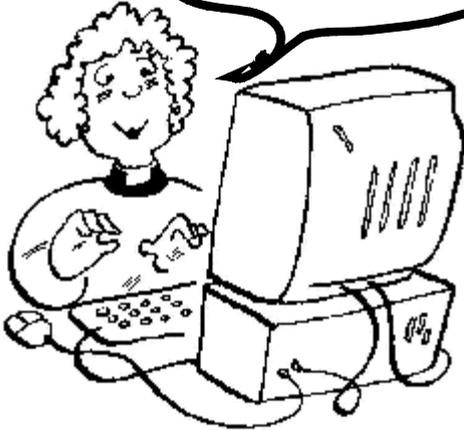
Newslink

SOUTH WEST GUMBRIA UNITED AREA

Charity Registration Number 1141404

Methodist and United Reformed Churches Working Together

Trustees'
News



“Many are the plans in a person’s heart, but it is the Lord’s purpose that prevails,” we are told in Proverbs. Indeed, in our United Area, many plans are being considered. Some congregations have recently had a consultation with John Wareham, discussing the future of their own church building. To renovate, to demolish, rebuild and repurpose, or to move to a different site altogether? Although we feel attached to what we have always known, we may need to take bold steps to be able to do God’s work and fulfil his purpose. Similarly, the United Area is currently

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planning for the future. You are all aware that Ron will retire next April and that the national shortage of presbyters means that we cannot just replace like with like, as we would have done in the past. So, now seems to be the right time to look for a new way forward. Many of you have attended meetings to discuss our range of options and every church has taken part in the consultation, exploring what it is that we want from future ministry. On behalf of the UA Trustees, I would like to thank you for your thoughts, ideas and comments - they made very interesting reading. One key point that emerged was the strong desire to enrich and build up the faith and spiritual life of our members. While mission and growth remain a definite goal, we will surely have more to offer others if we are growing as Christians ourselves and feel strong in our discipleship. Other themes mentioned were pastoral care and visiting, Bible study and prayer groups, while many churches want to develop their work with

Area Website www.swcumbriaunitedarea.urch.org.uk

children and young people. These findings have made clear what the Trustees need to prioritise during 2017/18. We want to review and improve how we provide pastoral care across the Area, develop a plan for Bible studies in different churches and look at prayer and how to pray. We hope to encourage fellowship and study groups and explore discipleship courses. We would like to improve our delivery of Messy Church - as this is Church for the families who attend - while developing our links with schools and other groups.

We believe that several things are crucial to the success of any plans that we make: the effective use of staffing and the development of lay leadership. We feel that Team Ministry is the best way forward, with each member of staff using their particular gifts for the benefit of the whole Area. As before, they will have particular responsibility for specific churches; but, for instance, if a staff member has a gift for teaching, they could lead Bible studies in a number of churches across the Area. To strengthen the staff team, the Trustees have voted unanimously to apply for a Methodist Probationer Presbyterian, to be in post from September 2018. One of the key requirements for the successful candidate will be a strong interest in, and aptitude for, working with children and young people, a gift that they would share throughout the Area. Our staff work very hard and, as Trustees, we will look for ways to support them more. Of course, there is one inevitable 'problem' with staff: however good they are, and however much we love them, we know that they will leave. Their time with us is limited, but it is important that the benefits of all their good work do not leave with them! This is why it is so important that we build up our lay leadership. Anyone who attended the Area meeting at Millom could not fail to be impressed by Anne Stevenson's explanation of 'running a church without a minister'. While there is no suggestion that we will all suddenly be without a minister, nor is there any intention of overburdening individuals with lots of extra responsibilities, it should be noted that ministers are not the only people with gifts. Our hope is that members will consider what gifts they might have and seek to develop them. Not everyone will feel called to preach. However, someone who has felt their faith being enriched by a Bible study or a prayer group might, eventually, feel equipped to lead a group themselves. We can all be ministers for the Lord, in our own way. Everyone has something to offer.

I can tell you that the Trustees feel excited about these possibilities. We would like this to be the start of a time of wonderful Christian renewal, growth and development in our Area. Please keep talking to each other about ways, big and small, to make this happen. Please keep talking to us. Above all, please pray for our plans and for our United Area. Jeremiah reminded us that the Lord has a plan to make us prosper, to give us hope and a future. He promises that, when we pray to him and seek him with all our heart, we will find him.

*Kathryn Aldred
Lay Chair of UA Trustees*



Church Survey On Domestic Abuse

Churches Together in Cumbria has partnered with the Universities of Coventry and Leicester and Restored to undertake the Church Responses to Domestic Abuse research project in Cumbria; the first major UK study of this issue.

Churches volunteer to take part and congregation members can anonymously complete the survey either online or on a paper copy. The survey is optional so there is no requirement for anyone in the church to complete it if they do not want to. Everyone who completes the survey has complete anonymity and most questions are 'tick box'. The name of your church will not be revealed in any published document or talk. This research will provide a valuable resource to help churches better understand and address the problem of domestic abuse so it's hoped that many Cumbria churches will get in touch with the research team and volunteer to take part.

This survey is open to all adults (18 years and over) who attend a church either for religious services or other activities. You do not have to have experienced domestic abuse personally to take part. Participation in this research is voluntary and there will be no negative consequences to not taking part.

The survey will take approximately 20 minutes to complete. The online link is as follows: <https://coventry.onlinesurveys.ac.uk/cumbria>, but if you'd prefer a paper questionnaire, I, Ron Wilson, have 6 copies available on request (along with pre-paid envelopes).

The questions focus on attitudes to and experiences of physical, sexual, financial, emotional and spiritual abuse in couple relationships. You may find some of the questions challenging due to the sensitive nature of the topic. You do not have to answer any question that makes you feel uncomfortable and you are free to withdraw from the survey without any explanation, at any time.

The anonymised findings will be written up in a report which will be available via Churches Together in Cumbria, in due course.

Many thanks for your prayerful consideration of this issue, and I hope that God guides you to responding accordingly.

Ron

REGIONAL & NATIONAL WEBSITES

www.cumbriamethodistsdistrict.org.uk

North West Synod: www.nwsynod.org.uk

Connexional: www.methodist.org.uk

National: www.urc.org.uk

October issue No 125 of *Newslink* will be published at the end of September. Please send all material to reach Lilian Wood, 89 Risedale Road, Barrow, LA13 9QY by Sunday September 3rd. Items can also be passed on by

☎ **01229 825986** or ✉ lilian.wood4@gmail.com



Fairtrade in crisis?

When Sainsbury's executives met representatives from five of Africa's largest tea-growing co-operatives in May, it was not to celebrate their longstanding relationship, growing and selling Fairtrade tea. On the contrary, it was to announce that Britain's 2nd largest supermarket chain

planned to abandon Fairtrade and instead impose its own 'fairly-traded' scheme. The farmers were shocked and dismayed. "Why change a system that has worked well for 25 years for both poor farmers and large supermarkets?" asked one farmer in a report in the Guardian (25/6/17). Although this is supposedly just a pilot project, there are real fears that Sainsbury's will extend the scheme to the many other products currently sold as Fairtrade; and, as others tend to follow where one company leads, they will not be alone.

Since 1992, the Fairtrade symbol has been the gold standard in ethical trading with less developed countries. Building on the ideals of the small Dutch worldshop movement of the 1970s, a number of British charities set up the Fairtrade Foundation, a non-profit organisation that runs the certification scheme. When customers buy a product bearing the distinctive blue and green Fairtrade symbol, they can be totally confident that the working conditions of the farmers are strictly monitored (no child labour, safe working practices) and that the workers receive a guaranteed minimum price for their products (to help them weather the fluctuations of the global market). They also know that each item costs a little bit more to provide the Fairtrade premium (extra money to benefit the local community). This system is consistent, reliable and absolutely transparent, something which cannot be guaranteed if different companies decide to do their own thing.

In the last 25 years, Fairtrade products have gone from church stalls to the shelves of every supermarket. The stores responded to customer demand for a more ethical, less exploitative approach to suppliers, and all parties have done very well out of the system. Sainsbury's claim to have invested £60 million in Fairtrade since 1994. While this seems a lot, it should be noted that they sell nearly £200 million of Fairtrade produce every year - a stunning return on the initial investment by any standards, but now maybe not enough. In the statements about the new tea plans, there was no mention of a guaranteed minimum price. It was made clear, however, that the payment of the Fairtrade premium would cease in its current form, and that a 'Sainsbury foundation' would administer an alternative. Given that the premiums have been used to fund clean water supplies, medical centres and schools, with decisions taken democratically by the communities, giving them independence and a sense of empowerment, this seems like a terrible step backwards. "I don't understand how a big retailer is chasing the premium going to poor people," said one of the farmers.

The reason, it has been suggested, is money. Sainsbury's, with its 2,100 stores, has a 17% share of the supermarket sector. While they announced a profit of £503 million last year, it represented a fall of 8%. One conclusion might be that they are looking to squeeze margins elsewhere to compensate. Not surprisingly, the announcement of the proposed scheme generated a lot of criticism from both individuals and organisations like Oxfam, Cafod and the Women's Institute. Nearly 95,000 people signed the change.org petition "Sainsbury's - don't ditch Fairtrade", prompting a response from the company. They now claim that they will not only maintain the minimum price and the level of the premium in their alternative, but that there will be many more benefits too. One can only wonder why they didn't announce such good news at the start.

We may feel that this does not affect us as we do not have a Sainsbury's. However, other big names, including Costa, Starbucks, McDonald's, Unilever, M&S, Tesco and Mondelez/Cadbury, have all devised their own 'fairly traded' schemes. More could follow. The Fairtrade Foundation concedes that some schemes may be good; but they vary enormously and there is a lack of transparency and consistent standards. The companies presumably hope that consumers will assume that 'fairly traded' is the same as 'Fairtrade'. It is not. Nor is there any guarantee that companies won't change the terms of their own schemes over time, favouring themselves at the expense of the farmers.

We often feel powerless against big business, but we should not forget that we hold the purse strings, quite literally. They want our money, but we choose how and where we spend it. If we believe in the values represented by Fairtrade, there is clearly a choice to be made. So remember, whatever the labels might seem to suggest, if the product does not bear the Fairtrade logo, it is most definitely not Fairtrade.

Kathryn Aldred

Fairtrade Borough

Could anyone who is interested in joining the steering group that will work on our bid to become a Fairtrade Borough please contact Kathryn Aldred by 25th September?

Email: km.aldred@icloud.com or

by post to 29 Hill Road, Barrow-in-Furness, Cumbria LA14 4EZ.

Thank you

Thank you, everyone, for your kind wishes on my retirement from the United Area staff team, and your generous gift to me. I shall look forward to buying something special with the money. Thanks, too, to everyone who made the United Area Service on August 13th a memorable event for me, especially all those who worked behind the scenes to make the preceding meal go so smoothly.

Blessings,

Ann

Community Outreach Group (Cog)

An extract from the minutes of the COG meeting held at Dalton Community Church, Market Street on Thursday 15th June:

Treasurers Report: £200 has been sent to Believe in Barrow, leaving £572.37 in the account.

Network: Coffee Morning at Beacon Hill on 8th July.

Spring Meeting 14th March at Arnside.

Area Conference 4th - 7th July Rydal.

Easter Offering Service: a good service but low attendance. £529.47 was collected, which was down on last year.

Children & Youth Work: Trinity Messy Church is making good progress. The first month there were 20 adults and a few children, then 30 the next month and 40 the 3rd month.

Hartington Street Messy Church continues to go very well. A group of young families are following Messy Churches on Facebook and attending different churches.

Ulverston Book Shop will supply Christian children's books to Churches to distribute to schools.

Holbeck: the monthly worship continues at Yarlside School.

Mission Community progress: Rev Canon Ruth Crossley is working with churches in Dalton, Askam and Ireleth. Different projects are taking off across the county.

Believe in Barrow, 11-17 September: Churches in Barrow are working together. There will be events at the Forum during the last weekend, with a service on Sunday morning. The budget for Believe in Barrow is £4,000, of which £2,000 has been raised so far; more will be welcome.

Fair Trade: the Barrow application has not yet been renewed, but Dalton and Barrow are hoping to be a Fair Trade Borough. Dalton run a Fair Trade Coffee Morning on the 1st Friday of each month. Eight different themed walks have been organised this year. There are now 1,971 FT towns.

Family and Community Worker: Sophie has not yet secured the Connexional Grant for the charity shop. She assists with Messy Church at TCC and Hartington Street, works as Chaplain at the Police Station and the Fire Station, and is setting up Street Angels.

Food donated by Tesco each Monday is allocated to Methodists. This food is stored at Hartington Street and may be used for other Church meals.

Sophie is now in her house, and proposes to have a 'Christians at home' gathering there.

Dementia Friendly Churches: Sue Millard is available to provide a talk on this subject.

Nicolas Lowe Orphanage: Jennet thanked everyone who contributed to this Cumbria District Appeal. £1,900 has been raised towards the initial £4,000; this may well be doubled, which will fund two children.

Big Events: no big events have been planned because of the Believe in Barrow project, in which many churches are involved.

Spring 2018 - Moving Mountains. The 2nd booklet is now available. Let Jenet know if your church has not received a copy.

Riding Lights Theatre Company has another show which may be suitable to be organised as a Mission Community or Churches Together project.

Date of next meeting: Wednesday 4th October at Dalton Market Street.

Dorothy Gleaves

The COG coffee morning held at Dalton Community Church on Saturday 17th June raised £222.55. Thank you to everyone who supported and helped in any way.

Daphne Watkinson

Christian Aid Meeting

There will be an evening with Laura Jones, from Christian Aid, at Ramsden Street Church on Wednesday 11th October.

Laura will be talking about the maternal and child health project in Kenya for which the United Area raised £5,000, and what the money has been specifically used for. You will remember this total attracted a further £15,000 from the European Union, so we were actually responsible for sending £20,000 - an enormous amount. Well done everyone who contributed.

Laura will actually be speaking to the Askam Sisterhood in the afternoon at 2:30 pm so anyone unable to attend the evening meeting would be welcome at Duddon Road Church on 11th.

Please check the October Newslink for the time of the evening talk and other details.

Dorothy Gleaves

Gary's 60th Birthday Pennine Way Trek for Charity

I completed my Pennine Way Trek on the 6th July, my 60th Birthday. It was a challenge, though utterly rewarding - enjoying some fantastic scenery (when the weather allowed) and the friendship of fellow walkers along the Way. The weather and ground conditions were not always favourable but your thoughts, prayers and generous donations kept me going. Currently we have exceeded £3000 across all three charities (the Multiple Sclerosis Society, Diabetes UK and the Barrow Foodbank) with donations still to be made.

I had some wonderful support from my friend Chris Hughes and his family and also my sister Janet and her family who were at the end to cheer me to the finish. My inspiration was my family, Moira, Emily and Katie, who had much to overcome while I was away. It's good to be home and we had a great time on 15th July, with family and friends, celebrating reaching the end of the Pennine Way and 60 both on the same day! God bless and thank you.

Gary Rushworth

Youth Spot

This year's Holiday Club in Dalton looked at various New Testament figures and their Journey with Jesus. We looked at how they all were used by God even if they made mistakes. It was a Scripture Union resource entitled Polar Explorer; this resource gave a DVD story and a lively theme song. The children loved dancing to it. We have had background scenery of Polar Bears, Penguins and a Milk Bottle Igloo. Those of you who came to Ann's Celebratory Service will have seen some of the scenery.

Although we clashed with another youth event in Dalton we attracted 25 children, some regulars from previous years, others coming for the first time. The majority of the children have no other links with Churches but they all had a brilliant time.

There are many pictures on Dalton Community Church Facebook page so have a look if you haven't already.

Hilary Mantle

If anyone has any thoughts or comments to include here please send them to me. If you have any events coming up that you would like to report on please let me know in advance, so that I can plan what to include each month.

Lilian Wood

Local Preachers/Worship Leaders

All Local Preachers and Worship Leaders are encouraged to attend our next meeting on Tuesday 19th September at 7:30 pm at Millom, which will include a re-commitment Communion and AGM.

On Saturday 7th October there will be a Discovery Day at Ulverston Methodist Church, 10 am - 3 pm. This is to look at the new preaching course and training for all, and is not just for Local Preachers and Worship Leaders but for anyone who is interested in attending. It is a joint venture between the United Area and South Lakes Methodist Circuit. Bring a packed lunch, drinks will be provided.

Janet Ladds

First Tuesday Ladies

After our summer break our meetings resume on Tuesday 5th September. We will meet at 7:30 pm at 59 Croslands Park to study the Bible and enjoy a time of prayer and fellowship.

Elaine Pears

Autumn Series

Join us at Beacon Hill for a series of meetings based on the opening chapters of the Bible, concentrating on the story of Noah, but also with an emphasis on Harvest. We will meet at 7:30 pm on 4 consecutive Monday evenings, beginning on 11th September. There will be discussion, hymns, prayers and food.

Lilian Wood

United Area Meeting

The United Area Annual General Meeting will be held on Thursday 28th September at 7 pm at Kirkby. Each church has at least two representatives and each committee has at least one representative. Please could all members of the Area meeting (or, for churches, the agreed substitutes if necessary) come to share in the planning of the life and witness of our United Area.

Individual Churches

Trinity

Monthly Coffee Morning Saturday 2nd September, 10:00 a.m.-11:30 a.m. - sponsored by the Fund Raising Committee.

Bible Study starts on Monday 4th September at 7:00 p.m. The theme is 'The Risks of Faith'.

Tuesday 5th September, 10 a.m. - coffee followed by a short communion service at 10:30 a.m. All are welcome.

As part of the Believe in Barrow outreach Ros Dodd will be giving a Flower Demonstration on Friday 8th, starting at 7:30 p.m. Tickets are £4.00, which includes refreshments.

The next Risedale service will be on Thursday 21st at 11:00 a.m.

The 2 for Tea Group will meet on Wednesday 27th.

On Sunday 16th July Janet baptised Stanley James Dale, who was brought by his Mum Claire and Dad Jonathan; they were accompanied by big sister Ruby. It was great to see the family and friends when we welcomed Stanley into God's family at Trinity. Janet took the theme of light and, led by the Brownies, we all sang 'This little light of mine' and waved the tea lights which we had been given. A very happy service. We hope we might see Stanley and Ruby at our next Messy Church which will be on Saturday 9th September, 3-5 p.m.

Margaret Manwell

Kay and Janet are once again hosting a Macmillan Big Coffee Morning on Saturday 23rd September, 9:30 - 11:30 at Trinity. Everyone will be very welcome. We value your support.

Trinity Prayer - We meet in the lower meeting room at Trinity each Thursday morning between 8:50 and 9:30 am to pray; each week we give time to one of the United Area churches, and a set of streets, as well as other prayer concerns. If you have any prayer concerns or things you wish to be prayed for, please contact Janet/Alan Ladds (833882) so we can add them to the prayer book.

Week commencing

Sept	3 rd	Millom	K
	10 th	Mission in UA	L
	17 th	Trinity	M
	24 th	Vickerstown	N

Janet Ladds

Hartington Street

Mondays Toddlers 1-2:30 pm in The Hub, beginning on 11th September after the summer break.

Tuesdays Knit and Natter 10-11:30 am in The Hub.

Chris Mills

Beacon Hill

We will be holding a Macmillan coffee morning on Saturday 16th September, 10 am-11:15 am. Please come along if you can.

Our usual monthly coffee morning will be held on Thursday 28th September, 10 am-11.15 am, with stalls selling cakes, handmade cards, books and Fairtrade items.

Elaine Pears

Dalton

Many thanks to the attendees at the Bible Society coffee morning (it was wet) who raised £281.

In July we had our usual church coffee morning, our Annual Songs of Praise and an Agape Meal.

We were blessed with a fine day for our Songs of Praise so were able to have it outside. There was a collection for Dalton Town Band, who played for us. It was very well attended and most of the people stayed for a very enjoyable tea. It was a really good afternoon.

Our Agape meal of pie and peas was followed by slides and a very interesting talk on Oberammergau by Martin and Rita Williams.

Future Events:

Sept 2nd 9:45 to 11:15 am Church coffee morning at Market Street

Sept 12th at 2:30 pm Afternoon Communion service at Market Street

Sept 16th at 6 pm Harvest Supper at Wellington Street

Sept 30th 9:45 to 11:15 am Bible Society coffee morning at Market Street

R Willock

Christian Women's Fellowship. The CWF will meet on Wednesday 20th September at 7:30 pm. The theme for that evening is "Summer Reflections". All are welcome.

D Zazi

After the morning service on Sunday 23rd July our church family celebrated the Diamond Wedding anniversary of two of our much loved members, Elsie and Maurice Hillman. There was cake (of course) and Elsie received a beautiful bouquet of flowers. It was a really happy celebration.

Askam

We watched the weather during the last week of June, as the Annual Garden Party at Askam was scheduled to take place on Saturday, 1st July. What relief - the sun shone on Friday all day and we awoke to more sun on the Saturday morning. The day was such a success - so many kind people were there in the morning to help set up the stalls and kitchen, and the garden was looking lovely. The latter thanks to Fiona and Gary who had worked so hard to keep the lawn and borders well-tended. More people were there to help in the afternoon, and lots of people came to enjoy the event.

To all the people who helped in any way - preparing food, behind a stall, running the raffle, the tombola or a game, serving refreshments - a big thank you. Especially to the kitchen staff who worked the whole time, we couldn't have managed without you - all those cuppas you served, all that cake you displayed, all those sandwiches, it was wonderful.

Also our thanks go to everyone who came and spent so generously - this was the best Garden Party ever.

Askam Sisterhood: this restarts on Wednesday 13th September at 2:30 p.m. - 3:00 p.m. when we will welcome Rev Canon Ruth Crossley from St Mary's Dalton and St. Peter's Ireleth to speak to us. We are really looking forward to her visit. The 2nd meeting will be on Wednesday 27th September when once again we will be learning about the distribution of the Boxes of Hope (shoe boxes) in N.W. Rumania from our speaker Mrs Rhona Teal - always an amazing and emotional trip. Everyone is welcome to these meetings.

Chair Based Exercise Class: we were sorry to say goodbye to Mrs Christine Pearce as she led her last class in July. She has challenged us each week with humour and good music for the last 3 years. We wish Chris and her husband a long and healthy retirement. The class will restart on Thursday 7th September at the new time of 10:20 a.m. - 11:05 a.m. We will also welcome our new instructor Laura Leigh, and we look forward to her leadership. New members very welcome; ring 465378 for more details.

Dorothy Gleaves

It is with great sadness that we said goodbye to our oldest member of Askam Sisterhood, Mrs Eleanor Mary Wallace - affectionately known as Nellie - in July. Nellie was 97 last December, and was still leading a very busy life, until she became ill.

She was a wonderful Mum to Margaret and Mum-in-law to Pat, and Auntie to Judy. A friend to so many, she still had a keen interest in all that was happening in Askam, and the wider world. She attended St Peter's Church, Ireleth each Sunday, and also the Askam Sisterhood meetings, where she was very keen to be involved. She loved to knit and had made many lovely glove puppets for the Boxes of Hope Appeal, which the Sisterhood supported each autumn. She regularly went out shopping and visiting and had a weekly lunch trip. She was a founder member of the Old Time Dancing Club in

the Askam Band Hall, and really enjoyed the dancing and the fellowship on Thursday evening each week.

As many people who knew Nellie would say, she was a true Christian spreading love and care to whomever she met. I was privileged to call her my friend and she will be greatly missed by so many friends but especially her family members.

God bless you Nellie - sleep peacefully at last in the Hands of your Saviour.

Kirkby-in-Furness

On Sunday 10th September our Harvest service will be led by Deacon Debbie at 6 pm. Everyone welcome. Contributions to the Foodbank will be appreciated.

Friday 29th September Macmillan coffee morning at 10 am. Please come and support this event. It will be held on our premises organized by the Community with our help. Let's make this a huge event along with all the others in the country, helping to raise funds for this Charity which has helped so many people and families in our area.

Beryl Hollowell

Ramsden Street

July saw three events at Ramsden Street: firstly our Tea & chat afternoon when ladies from the Salthouse Churches joined us; then a 'sell out' concert by the New Abbey Singers (which was their last concert) and then a coffee morning held at Dalton.

Our Friday contributions for coffee on September 8th will be donated to the Dementia Friendly Churches group and the contributions on Friday 29th September will be donated to the Macmillan Cancer support.

The Prayer Shawl group meets on Wednesday September 13th at 1pm followed by our midweek meeting at 2:15pm (the first after the summer break).

Our Harvest Celebration will be held on Friday September 22nd beginning with a meal at 6:30pm and this will be followed by a short service. Donations will be for Christian Aid.

Congratulations to Jean & Reg Ashton who celebrated their Golden Wedding on August 19th.

Anne Stevenson

Vickerstown

There will be a coffee morning at Vickerstown on Saturday September 30th from 10 a.m. to about 11:30, with the usual stalls: homemade cakes, Fairtrade goods and bric-a-brac/bring and buy. All welcome.

During the 'Believe in Barrow' week in September there will be one major event on Walney, on the Thursday evening (14th) at 7 p.m. at St. Mary's Parish Centre. Illusionist Todd Alexander promises to 'leave you questioning what is real and what is just an illusion', interweaving his show with talking about his faith. Tickets are £4 including a buffet (please bring your own drinks) from Maureen on 01229 471797 and it would be wise to book as capacity is limited. Hopefully all churches will have had flyers with details of all events. As we hope the whole week will be grounded in prayer, we intend to have Vickerstown open from 2-4 p.m. on Wednesday 13th September with prayer stations reflecting on the change knowing God makes in people's lives - from the Bible and also hopefully with input from our members. This doesn't seem to have made it into the flyers, but will go ahead anyway! It may be that a quieter event suits some people better. The Food & Fellowship group was pleased to be able to donate £125 to St. Mary's Hospice in July, raised over the last few months in memory of Joan Roberts who was supported by their 'Hospice at Home' service, enabling her to stay at home for her last few days. We are now raising money for the Alzheimer's Society, following a talk about dementia at our meeting in July.

Karen Edmondson

Green Tip

A reminder of the **Three Rs**:



Reduce the amount of the Earth's resources that we use.
Reuse don't just bin it, could someone else make use of it?
Recycle can the materials be made into something new?

Notice that recycling comes third in the list - we should try to take action before we reach that stage.

The website www.reducereuserecycle.co.uk contains a lot of information, including a list of green websites for children.

Lilian Wood

Regular Sunday Services

Morning service times are as follows:

Askam	(Duddon Road) 9:30 am (except 5 th Sunday–11:00 am)
Beacon Hill	(Holyoake Avenue, Barrow) 9:30 am
Dalton Community Church	(alternates between Wellington Street & Market Street) – 9:30am
Hartington Street	Barrow 10:30 am
Kirkby	(Marshside) 10:30 am (except 2 nd Sunday – 6pm 5 th Sunday – 10 am at St Cuthbert's)
Millom	(Queen Street) 11:00 am
Ramsden Street	Barrow 11:00 am (except 1 st Sunday – 10:30am & 5 th Sunday – 11:00 am at Trinity)
Trinity Church Centre	(Warwick Street, Barrow) 11:00 am
Urswick	(Tarn Close) 11:00 am (except 1 st & 3 rd Sundays – at Parish church)
Vickerstown	(Warren Street) 11:00 am

Evening services are held as follows:

Beacon Hill	6 pm every week
Trinity Church Centre	6:30 pm every week
Kirkby	6 pm on the 2 nd Sunday

United Area joint evening services as arranged. For details, please consult the Plan or the website: www.swcumbriaunitedarea.urc.org.uk

Regular Coffee Mornings

Please note that coffee mornings are held every week as follows:

Millom -	Fridays from	9:30 till 10:30
Ramsden St. -	Fridays from	10:30 till 12:00



Broughton - Tuesdays:	at the Square Café from 10 to 12 noon
Dalton - Mondays:	Tea and Chat at Wellington Street from 10 to 11:30
Hartington St - Tuesdays:	Care & Share Fellowship & Knit & Natter from 10:00 to 11:30